



**WILLOWS
HIGH SCHOOL**



Use Google Translate
to change to your preferred
language.

BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

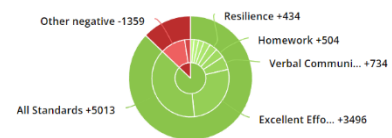
Weekly Newsletter – 11.03.22

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Be Kind:

We are very proud of our pupils' good manners and kindness. This week, we have received compliments from a number external agencies and members of the public who have had the pleasure of meeting us recently. In school, pupils have shared their home baking, have handed in expensive lost property and have welcomed new-comers in their own language. We would like to thank our pupils for the exemplary characteristics displayed. Keep it up!

Breakdown of the Week
06/03/2022 - 10/03/2022



Merits – 04.03.22 – 10.03.22:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	2341	7Goodall	Kane Williams
Year 8	2858	8Edwards	Miracle Oladayinbo
Year 9	2106	9Attfield	Natalie Tlusta
Year 10	2350	10Novello	Bassam Saleh
Year 11	1624	11Banksy	Waqui Ahmed

School News:

English Department:

Debate Mate:

This week we were able to give Debate club students the opportunity to work with a leading organisation in the Tech world, Salesforce. Salesforce is an American cloud-based software company headquartered in San Francisco, California.

This was a 2-hour workshop with employees at Salesforce which included Debate Mate activities, an interactive Q&A and then a full debate with mixed teams of Salesforce employees and students. Our students did themselves proud and were full of confidence! Salesforce were also so complimentary about our students and said that their afternoon had been "inspirational" having spoken to them all!

This week Debate Club also saw the introduction of their new Debate Mate Mentor, Chelsea. Chelsea will be working with our students every Wednesday after school to prepare them for the upcoming debating competitions and we can't thank her enough. Our students are determined to continue to be champions following the Dubai Expo Factor competition! The first session was extremely



successful, and students can't wait for Chelsea to return next week. Debate Club is open to everyone and takes place in either F9 or F7 from 3.30pm every Wednesday.

Quantum Theatre – 'Macbeth' production for Year 8:

To complement study in both English and Drama lessons, Year 8 were treated to a full performance of Shakespeare's *Macbeth* by Quantum Theatre last Friday. The performance was terrific and the actors were really impressed with how engaged the pupils were. Some excellent questions were posed in the after-show Q and A, and some pupils even got to wield the stage swords! Bravo!



Health and Well-being:

School Nursing Team:

HPV Vaccine Second Dose:

A reminder that the School Nursing Immunisation Team will be visiting Willows High School on 14th March 2022 to administer the second dose of the HPV (Human Papillomavirus) vaccine. This is for year 9 and 10 pupils who have already received their first vaccination and also for year 11 girls who have not had their second dose. Parents have been sent the letter link via Classcharts and can access it here:

www.willowshigh.co.uk/2nddosehpv

Pupils receiving the vaccination are allowed to wear their PE kit on this day. The nursing team have asked that you encourage your child to eat a good breakfast and bring water with them on the day.

Safeguarding:

A reminder that our school Safeguarding Officer can be contacted if you have any worries or concerns about a child: Danielle.Mackintosh@Willows.Cardiff.sch.uk

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Willows Uniform Exchange:

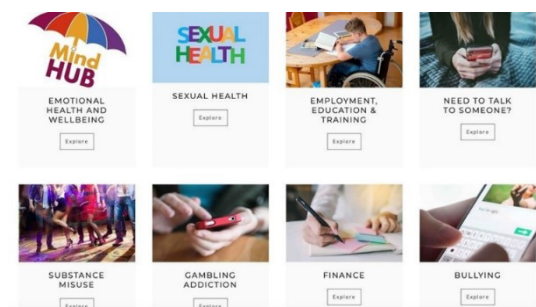
A reminder to donate any spare Willows uniform to our uniform exchange run by Ms. Watt in our Learning Lounge. We particularly need spare Willows PE tops. If you have any at home that have gone too small, please bring them in to benefit others. Likewise, if your child needs any pre-owned uniform, ask them to speak to their Welfare Officer and we will arrange this for them.

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:



- **School nurse** – pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we'll do our best to help.

Community:

Friends of Willows volunteer group is running five free Taster Tuesdays creative sessions at [Willows High School](#) over the next few months, starting next Tuesday 15th March with 'Landscapes From the Imagination.'

Delivered by Splott resident, Lynne Thomas, the session will run from 5pm -7pm in the Learning Lounge (5pm welcome, 5.30pm start). All materials will be provided and it will be a really informal session learning some basic watercolour painting techniques.



We have 10 free spaces - register your place by texting Sam Watt on 07592037937 or emailing samantha.watt@willows.cardiff.sch.uk

'Taster Tuesday creative sessions are funded through the Local Giving Magic Little Grants'

Contact Cymru:

Lots going on in Contact Cymru this March!

Contact Cymru Free Online Events and support – for Parent Carers of children with disabilities and additional needs living in Wales – with and without diagnosis.

Listening Ear - confidential 1:1 chat with a Family Support Consultants, morning, afternoon or evening. 🗨️👤📅🌸🌸🌸

Book on the link here <https://www.eventbrite.co.uk/o/contact-cymru-37573807333>

Daily drop-in small group sessions.....virtual cuppa and chat 🌸👋👤📅🌸

Help for families - For every shape and size of family, whatever they need and whatever their child's disability, we're here.

To find out more or book any of our free events in Wales – follow the link below

<https://www.eventbrite.co.uk/o/contact-cymru-37573807333>

Workshops

- NEW - Understanding Sensory Processing Wed March 9th 11.00am 📅👤🧠

<https://www.eventbrite.co.uk/e/254393336317>

- NEW - Speech, Language and Communication. Fri March 11th 10.00am 📅💬👤

<https://www.eventbrite.co.uk/e/254421671067>

- Looking after yourself – Stress & Wellbeing – multiple dates day/evening see below 📅💬👤

Feelings of stress and anxiety can have a huge impact on families. Although most Covid-19 restrictions have now been lifted, it is only now that many families are experiencing the impact on their wellbeing as a

result of caring for your child(ren) during the pandemic. If you are feeling overwhelmed with life, lacking in confidence, know you need to look after yourself but don't know how, then this workshop is for you.

- Looking After Yourself – Tuesday March 8th 7.30pm FREE Wellbeing Gift pack posted to you

📁 <https://www.eventbrite.co.uk/e/226989731397>

- Looking After Yourself – Thurs March 17th 10.00am FREE Wellbeing Gift pack posted to you

📁 <https://www.eventbrite.co.uk/e/226998577857>

- Looking After Yourself – Tuesday March 22nd 7.30pm FREE Wellbeing Gift pack posted to you

📁 <https://www.eventbrite.co.uk/e/227002449437>

WEBINAR

Tuesday 22nd March at 10.30am.

For Parent Carers of children with disabilities and additional needs living in Wales – with and without diagnosis.

<https://www.eventbrite.co.uk/e/287825462707>

To find out more or book any of our free events in Wales – follow the link below

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Tremorfa Pantry:

We are very proud, as always, of all of our pupils who help out in the community. Currently, Kane in Y7 is collecting new books from businesses to donate to children in the area. If you want to help or know someone who can, please contact Tremorfa Pantry on Deesmuir Road or via their Facebook or Twitter page.

Ukraine Crisis:

Oasis, Cardiff would like to draw your attention to the following site if you want to donate to help in Ukraine:

[Ukraine Humanitarian Appeal | Disasters Emergency Committee \(dec.org.uk\)](https://www.dec.org.uk)

Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

A polite reminder that our teachers and Welfare Officers are very busy working with children throughout the day. To avoid disappointment, please ring or e-mail school to book an appointment with the relevant person rather than turning up at school reception.

By working together we can ensure your child's success.



UKRAINE UPDATE

We're continuing to cover the cost of calls and texts to Ukrainian numbers for our customers.

Even if a Ukrainian mobile is being used in another country, it won't cost EE customers to stay in touch with loved ones.

We are keeping this under constant review.



Team Willows

Quiz:

Last week's Quiz Super-stars were; [Kayden Allen](#), [Hope Allen](#), [Kane Williams](#), [Noah Roberts](#) and [Megan Worthey](#) – Da iawn! Take part in this week's quiz for your praise card and prize! Thank you to the book club for writing the questions, the answers were:

1. James and Lilly Potter
2. Flute
3. Speak parcel tongue
4. False
5. Halloween
6. 3 Plums
7. Crown Jewels
8. More Gruel
9. 4
10. Camp green lake
11. Cricket
12. Thrown in the rubbish chute by squirrels
13. True
14. The chokey
15. Grew taller

