



WILLOWS
HIGH SCHOOL



Use Google Translate
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language.

BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

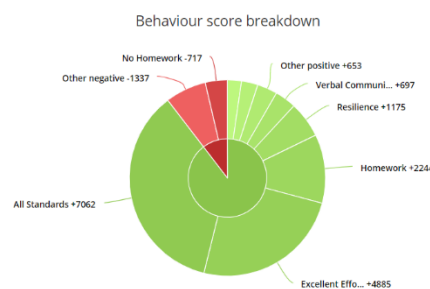
Weekly Newsletter – 14.05.21

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Be Ready to Learn:

A wet but wonderful week of learning at Willows High. We continue to be impressed with the commitment to learning and excellent effort displayed by the majority of our pupils.

Thank you, as always, for your support with uniform. We strongly believe that a smart uniform instils a sense of belonging and confidence in all of our pupils. A reminder that there is help available for eligible families regarding the cost of uniform. Information on this can be found here <https://gov.wales/pupil-development-grant-access>. If you need help regarding the forms you can contact our Family and Community Engagement Officer: Samantha.Watt@Willows.Cardiff.sch.uk or on 02922 672744 / 07592 037937. or your child's Heads of Year with any individual problems. The uniform grant has been extended to all years for the current academic year. The closing date for applications is 30.06.21.



A huge Willows well done to all of this week's merit winners.

Merits – 06.05.21 – 13.05.21:

Year Group	Total Merits	Excellent Effort	Merit Champion
Year 7	5024	7Radcliffe	Oshai Sutton
Year 8	3545	8Attfield	Havin Goktas
Year 9	4026	9Beethoven	Lataya Marden
Year 10	3349	10Dali	Che Abraham-Bazzard Alicia Stevens Mihai Patrascu
Year 11	1765	11Josephson	Cameron Ashton

School News:

Mrs. Brace would like to share the story behind her upcoming charity walk:

Every year in Wales 2,500 people receive the devastating news of a breast cancer diagnosis and in June 2019, I became one of this number. Half of those diagnosed will receive their treatment at the Velindre Cancer but sadly their fundraising campaigns have been badly affected by the pandemic impacting the research they are able to do to improve outcomes for people diagnosed with cancer. On Sunday 16th May I will be walking 18 kilometres (11 miles) to raise funds for Velindre and the Breast Centre Llandough where I also received treatment. Many of you have been kind enough to sponsor me but if you haven't



already and can spare a few pennies then the link below will take you to my fundraising page. Thank you so much for your support and keep your fingers crossed for good weather. <https://uk.virginmoneygiving.com/JoanneBrace2>

Extra-Curricular Activities:

Our fantastic Heads of Year continue to run their after-school clubs every Tuesday and Thursday. These clubs are within year group bubbles and based on ideas from pupil voice. We would like to encourage all members of our school community to join in with these activities. They provide good opportunities to learn new skills, make new friends and enjoy our facilities in a relaxed environment. This week we've had football, bird-house making, Art and rounders! Please see your Welfare Officer to secure your place and join in the fun!

Science Department:

Space Programme:

On Thursday, Year 8 took part in the first of a series of sessions designed to encourage students into careers in the space industry. All of year 8 watched a video workshop, demonstrating many different aspects of space travel, linking it to all the different careers involved. They then joined an online Q and A session with experts where they were able to ask any questions they had. The hosts told me they had some excellent questions, but one of their favourites was "How is space travel getting so much cheaper?"

In the future there will be more sessions where pupils will be able to further investigate all the career fields involved in space travel.



**OUR SPACE
OUR FUTURE**

Hay Festival:

The Hay Festival is online again this year and you can register for events, free of charge, now. There are many of our pupils' favourite authors giving virtual talks such as David Walliams ('Gangsta Granny'), Liz Pichon ('Tom Gates') and Jeff Kinney ('Wimpy Kid'). Events for Children and Young People can be booked here:

<https://www.hayfestival.com/m-163-hay-festival-2021.aspx?skinid=1&localesetting=en-GB&categoryfilterid=0§ionfilterid=0&genrefilterid=6>



**HAY
FESTIVAL**

We are sure that watching these talks will encourage your child's reading and help brighten up half-term. As part of our work creating a reading community, we would like to encourage adults to have a look at the programme too. It contains many celebrity writers such as Ray Mears, Caitlin Moran, Jojo Moyes, Stephen Fry and Benjamin Zephaniah. The main programme can be found here:

<https://www.hayfestival.com/m-163-hay-festival-2021.aspx?skinid=1¤cysetting=GBP&localesetting=en-GB&resetfilters=true>

Happy watching and reading!

Community:

Community Spirit:

We would like to extend our gratitude to one of our kind-hearted ex-pupils for locating and returning a stolen bike that belonged to one of our Year 8 pupils this week. He was over the moon! Thank you to everyone in the community for sharing our social media and to our ex-pupil for making our day!

Railway Gardens:

Congratulations to our friends at the Railway Gardens Project who have been awarded National Lottery Community Fund money to continue to develop and enhance their project. This is a massive boost for the community and everyone who has been working hard on the project. We look forward to continuing our links with Hannah and Becca and encourage everyone to get involved. Watch their video here:

<https://www.youtube.com/watch?v=qrYqmVh7B5A>

Health and Well-being:

Here are some advice cards for parents from 'Young Minds UK' to help teens suffering with depression:

Avoid asking too many questions

Instead listen and empathise.
You don't have to have the solutions.

If they don't want to talk try again the next day

Expressing feelings is hard enough
at the best of time for teens, when
they are depressed it's even more difficult.

Don't ignore worrying symptoms

Talk to your child about the signs of
depression that you've noticed and
voice your concerns in a caring and
non-judgmental way.

Seek professional help

If nothing is helping and the symptoms
are worsening, arrange an appointment
with your GP.

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

A reminder that our school safeguarding leads can be contacted if you have any worries or concerns about a child:

-Ian.Whittaker@Willows.Cardiff.sch.uk

-Danielle.Mackintosh@Willows.Cardiff.sch.uk

Diolch:

Thank you for ensuring that your child attends school every day – every day in school matters. If your child is absent, you can let us know by:

Ring School Reception on 029 20414243

E-mailing us at firstday@willows.cardiff.sch.uk

Or by ringing or texting our Attendance Officers on:

Ms. Short (Attendance Officer) - 07733889023

Ms. Davies (Assistant Attendance Officer) – 07733889062

Please note that Year 11 pupils, in particular, should make every effort to attend school every day so that they are present and prepared for their qualification assessments.

If you have any pupil specific questions, your first point of contact should be contact@willows.cardiff.sch.uk or you can ring the school reception on 029 20414243 who can put you in touch with the relevant member of staff.

We hope that our Muslim families have enjoyed their Eid celebrations this week.

Enjoy your weekend,

Team Willows



WHAT DOES UNITY MEAN TO YOU?

MIKE HAINES
**GLOBAL
ACTS-OF
UNITY**

CAN YOU SHOW IT ON A T-SHIRT?

Design a unity-themed
T-shirt using our online
tool to win prizes for
you and your school.

THE WINNER

Gets £500 worth of
supplies for their school
and £100 in vouchers
towards their studies.

COMPETITION CLOSSES 18TH JUNE 2021



SCAN TO TAKE PART

For more information on Global Acts
of Unity, please visit our social channels



UNITEES