



**WILLOWS
HIGH SCHOOL**



Use Google Translate to change to your preferred language.

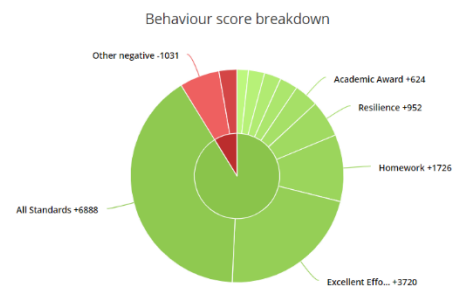
**BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO**

Weekly Newsletter – 28.05.21

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Willows Well Done!

The final week of a full half-term of in-school learning at Willows High School and the last week for our lovely Year 11 pupils. We continue to be impressed with the commitment to learning and excellent effort displayed by the majority of our pupils. Almost all of our pupils display good character demonstrating their manners, politeness and gratitude – please encourage them to keep up these good habits over the holiday. We wish our pupils a well-deserved break and we would like to thank the majority of our pupils for ensuring that Willows High School continues to flourish.



A huge Willows well done to all of this week's merit winners including Doaa Almawas from Grey-Thompson and Saliu Susso from Bronte who were the highest merit winners in their classes!

Merits – 21.05.21 – 27.05.21:

Year Group	Total Merits	Excellent Effort	Merit Champion
Year 7	4373	7Radcliffe	Samuel Nicolau
Year 8	3407	8Cavendish	Chloe Gauder
Year 9	3614	9Holst	Aparajita Hota
Year 10	2901	10Dali	Amy Dang
Year 11	1227	11Mendeleev	Petr Kotlar and Dylan Ashton

Thank you for ensuring that your child attends school every day – every day in school matters. If your child is absent, you can let us know by:

Ring School Reception on **029 20414243**

E-mailing us at firstday@willows.cardiff.sch.uk

Or by ringing or texting our Attendance Officers on:

Ms. Short (Attendance Officer) - **07733889023**

Ms. Davies (Assistant Attendance Officer) – **07733889062**

Thank you, as always, for your support with uniform. We strongly believe that a smart uniform instils a sense of belonging and confidence in all of our pupils. A reminder that there is help available for eligible families regarding the cost of uniform. Information on this can be found here <https://gov.wales/pupil-development-grant-access>. If you need help regarding the forms you can contact our Family and Community Engagement Officer: Samantha.Watt@Willows.Cardiff.sch.uk or on 02922 672744 / 07592 037937. or your child's Heads of Year with any individual problems. The uniform grant has been extended to all years for the current academic year. The closing date for applications is 30.06.21.

School News:

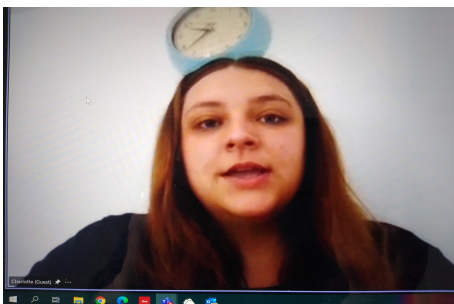
Extra-Curricular Activities:

Our fantastic Heads of Year continue to run their after-school clubs every Tuesday and Thursday. These clubs are within year group bubbles and based on ideas from pupil voice. We would like to encourage all members of our school community to join in with these activities. They provide good opportunities to learn new skills, make new friends and enjoy our facilities in a relaxed environment. This week we've had Y7 Sports' Club, Y8 have continued making their toys and Y9 Art Club where we celebrated Lataya's birthday with chocolate cake!



Year 7 Open Your Eyes Week:

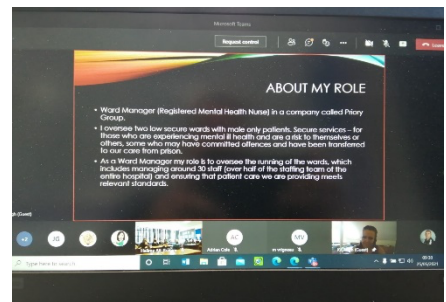
This week, Year 7 engaged in the first virtual Open Your Eyes Week. With the help of Adrian Cole from Careers Wales, a host of different employers spoke to the year group about their job, their career and the skills they need to do their job effectively. All the speakers were Willows Alumni (former pupils). They were:



Charlotte Hopkins



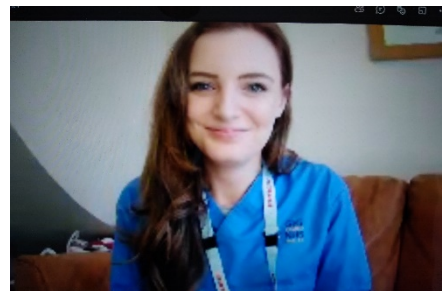
Kyle Lima



Kayleigh Jones



Alison Evans



Dani

There was a diverse range of roles that we learnt about. Charlotte works for Citizens Advice Bureau, offering advice and help to people who need it. Kayleigh works as a Mental Health Nurse and told how rewarding her job can be. Kyle is an actor. Unfortunately, Kyle, who is perhaps our most high-profile Alumni, had some technical difficulties and was unable to join us. His eagerly anticipated talk will be re-scheduled after half term. Alison works in IT for Cardiff Council. She told us the different roles that she undertakes. As a bonus talk, 7 McArthur also spoke to Dani, who works as a Paediatric Nurse in the Heath Hospital. She specialises in the delivery of babies and children who are poorly.

It was really pleasing to see the number of questions that the pupils had for each of our guest speakers. They paid attention and were really respectful to all our guests. I think the over-riding element that came out of all the talks were the skills and qualities that were common to each. All our guests spoke about the importance of being:

- patient
- resilient (not giving up),
- able to follow instructions,
- able to listen properly,
- punctual and the importance of time-keeping
- able to work under pressure.

All of these life skills are essential, not only in a job, but also in school. All pupils can develop these skills, and more, throughout their time in Willows which will hold them in good stead for when they leave school.

Goodbye Year 11 (Class of 2021):

We would like to wish our Y11's a happy and successful life as they leave us this week. We have extremely fond memories of your time with us and we know that you will go on to have fulfilling lives. Good luck in your chosen career paths – whether it be college, an apprenticeship or employment. Please keep in touch if you need anything or to let us know of your achievements!

Thank you to Mr. Bartlett for putting a series of class assemblies and the overall Leaving Assembly together this week.



Health and Well-being:

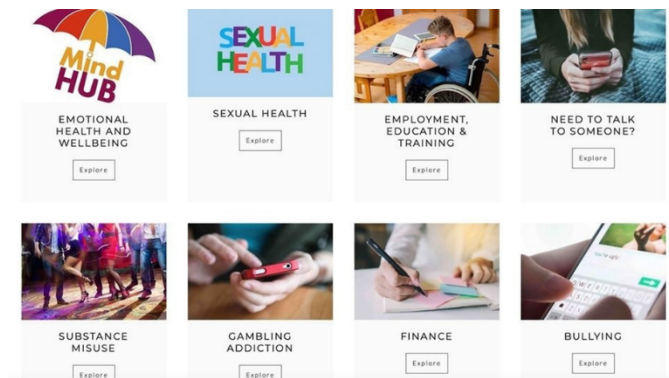
Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website,



Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

A reminder that our school safeguarding leads can be contacted if you have any worries or concerns about a child:

-Ian.Whittaker@Willows.Cardiff.sch.uk

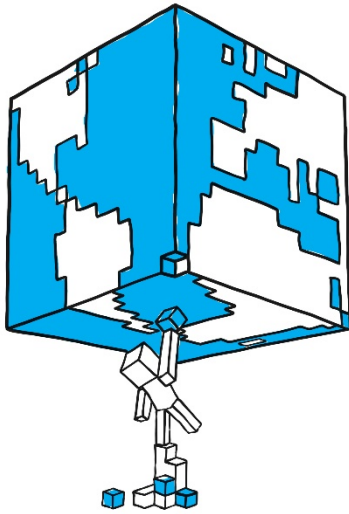
-Danielle.Mackintosh@Willows.Cardiff.sch.uk

Community:

Please see attached EDITION TWO of the One Planet Cardiff Schools Newsletter! In the attachment there is information relating to the following:

- Results of the One Planet Cardiff consultation with young people
- World Environment Day 2021
- Clean Air Day 2021
- Active Travel & Transport update
- Waste & Recycling update
- The ‘Child Friendly Cardiff’ drawing challenge
- Green Infrastructure & Biodiversity update
- A note from RSPB

Cardiff Competition:



CRAFT OUR CITY

Imagine this... In five years' time your students walk into a building or outdoor space and sees designs they made through Minecraft, right there, in front of their eyes, being used by real people!

We've just launched a competition that can make that a reality! Open for 8-18 year old across Southeast Wales, spread the word. To register your Class or an individual follow the link below bit.ly/CFC_Minecraft



The Child Friendly City Team are extremely excited to launch the next Craft Your City Minecraft Education Challenge for Cardiff pupils. We have been working with Cardiff University, Cardiff University & Techno Camps to build a 1 million block world that enables pupils to learn about biodiversity, building design and community engagement.

Pupils have the chance to submit their entry using Minecraft Education and shape a real world development. Yes, pupils could see their ideas being developed in the real world. Plus they get a chance of becoming a Design Ambassador as part of the prize giving.

This will be a fun learning experience for any pupil primary or secondary, it would be perfect for a half term school holiday project or perhaps for those pupils who are not coming back on to site after assessments.

All the information and links are in the flyer attached. We look forward to receiving entries from your school very soon.

Diolch:

Thank you again for all of your support this half-term. Please see the end of the newsletter for an exciting competition with some fantastic prizes (pictured here) from our very own 'Friends of Willows.'

If you have any pupil specific questions, your first point of contact should be contact@willows.cardiff.sch.uk or you can ring the school reception on 029 20414243 who can put you in touch with the relevant member of staff.

There will be further details regarding Year 11 results in letters from Mr. Norman and Mr. Lo Celso. We believe all of our Year 11 pupils have a college place or apprenticeship planned for next year. However, if any Year 11 pupils would like any further help and guidance, we strongly urge them to come and see Mr. Roberts or to e-mail the brilliant, JTanner@CAVC.ac.UK. Both will try their best to help.

Enjoy your half-term,

Team Willows





WILLOWS COMMUNITY BURGER CHALLENGE

ORGANISED BY FRIENDS OF WILLOWS
AND SPONSORED BY TESCO PENGAM
GREEN

EVERYONE HAS A FAVOURITE BURGER

From the classic beef patty to spicy bean burgers or thick wedges of halloumi.

There's usually an avocado in there somewhere. This half-term, Friends of Willows is running a competition to see who can make the best burger in town (well, Sploft and surrounding areas!). Use what you have and meet your own nutritional needs to create delicious, nutritious burgers that will wow the judges (and fill your tummies!). Struggling for inspiration or ingredients? Head to Tremorfa Pantry on Wednesday 2nd June for beans and spices to make a veggie bean burger.

PRIZES - THANK YOU TESCO!

Over 18 – A night at the Races & Gin and runner up prize of Gin & Yankee candles

Under 18 – Wireless Xbox controller

Under 8 – Colouring pens and books

Grand prize = free entry for six people to Folly Farm

FOR YOUR CHANCE TO WIN AN AMAZING PRIZE

Send a photo or video of your home-made burger, and its name, to friendsofwillowshigh@gmail.com by midnight on Sunday 6th June, or post on Facebook and tag @FriendsofWillowsHighSchool or on Twitter and tag @WHSFriends - Burgers will be judged on originality and presentation.





CUSHIE'S BUILD A BURGER CHALLENGE

RECIPE CARD



INGREDIENTS FOR THE BURGER:

750g of minced beef,
One large onion,
Half a teaspoon of paprika
Half a teaspoon of black pepper
Two cloves of garlic
Tea spoon of garlic powder
One tablespoon of sugar
Half cup of self-raising flour, or two
slices of white bread
Two eggs
Salt and pepper to your individual
tastes.

INGREDIENTS FOR THE RELISH:

Two sticks of celery
1 medium sized onion
3 or 4 hot chillies
1 red yellow or green sweet peppers
One red onion
5 overripe tomatoes or one tin of plum
tomatoes
One tablespoon of sugar
Two tablespoons of apple cider vinegar
Two or three gherkins depending on
how big
A dash of black pepper and salt



One Planet Cardiff Schools Newsletter

Edition Two – May 2021



Welcome to the second edition of the One Planet Cardiff Schools Newsletter!

Please forward the newsletter to colleagues who may be interested in the information contained below.

This is the second edition of the new newsletter, which, we hope, will help to keep you updated with information that relates to the One Planet Cardiff (OPC) agenda. We want this resource to provide you with useful information; highlight best practice; sign post you to good resources; and include links to good opportunities for schools. The seven key themes of the OPC Strategy will form the basis of the newsletter i.e. Built Environment, Energy, Food, Green Infrastructure & Biodiversity, Transport, Waste and Water. As a reminder, there is more information available on the One Planet Cardiff website: <https://www.oneplanetcardiff.co.uk/>.

RESULTS OF THE ONE PLANET CARDIFF CONSULTATION WITH YOUNG PEOPLE

You may recall from the previous edition of this newsletter, that the OPC consultation survey for young people was promoted. **Nearly 900 young people** responded to the survey which is a great return; thanks to everyone that took part or encouraged the pupils to respond to the survey! The results of the three surveys (there were separate surveys for the public and businesses/organisations too) will help to finalise the OPC Strategy. [Here is a link](#) to a cabinet report which details the key OPC progress; it also presents the main outcomes from the consultations.

The OPC themes, ranked in order of importance by the young people:

1. **Energy**
2. **Built Environment**
3. **Green Infrastructure & Biodiversity**
4. **Food**
5. **Waste**
6. **Transport**
7. **Water**



Headline responses to the young people survey:

- 'Education' was identified as a key missing part of the draft OPC strategy.
- 'Renewable energy' was the highest voted action to help make Cardiff carbon neutral.
- 'Active travel' was the most popular individual action to help with decarbonisation.
- If one thing could be chosen that the Council would do, 'green energy use and research' was most popular.

DATE FOR THE DIARY: 5TH JUNE 2021 IS WORLD ENVIRONMENT DAY

Website: <https://www.worldenvironmentday.global/>

Background: "Since 1974, World Environment Day has been celebrated every year on 5 June, engaging governments, businesses and citizens in an effort to address pressing environmental issues."

Official host: This year's host is PAKISTAN

Theme: Ecosystem restoration



DATE FOR THE DIARY: 17TH JUNE 2021 IS CLEAN AIR DAY

Website: <https://www.cleanairday.org.uk/>

Background: "Clean Air Day is the UK's largest air pollution campaign, engaging thousands of people at hundreds of events, and reaching millions more through the media."

School resources: [Available here](#). Includes KS1, KS2, KS3, pledge cards, posters, action plans and other useful resources.



ACTIVE TRAVEL & TRANSPORT UPDATE

Cardiff Council has a vision by 2030 to change the way people travel around the city and make radical changes to respond to the climate emergency, for clean air and to create safe and healthy communities.

As the Active Travel Schools team, we work with schools across Cardiff to put together an Active Travel Plan to support families and staff in increasing active travel to school such as walking, cycling or scooting, and decrease car usage. Please see our website if you want to be involved www.keepingcardiffmoving.co.uk/schools or email us on travelplans@cardiff.gov.uk

Since April, five schools have been taking part in **WOW**, an initiative from Living Streets where children report how they get to school every day using an interactive travel tracker. If they travel actively to school for a month, they get rewarded with a badge, as well as the most active class in the school earning a trophy! These schools are Moorland Primary School, Ninian Park Primary School, St Marys RC Primary School, St Pauls CW Primary School and Whitchurch Primary School. All five schools have seen a huge difference in their active travel rates, even noticing a lack of congestion outside the school gates. We hope this will continue as the initiative continues throughout the year. This is fully funded by Cardiff Council. What is even more exciting, 40 more schools are starting in September. YES – 40!! Is your school one of them? www.livingstreets.org.uk/wow



WASTE & RECYCLING

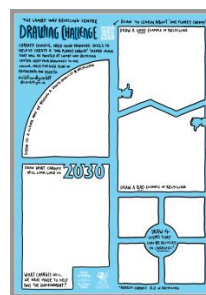


Our recycling awareness officers are looking forward to speaking to schools again, to educate children about the importance of recycling, waste minimisation and looking after the environment. The team can now offer virtual workshops over teams, and are also able to discuss COVID safe in person visits.

Please contact the team at wastestrategyteam@cardiff.gov.uk. You can also find resources available at www.keepingcardifftidy.com/really-rubbish

THE 'CHILD FRIENDLY CARDIFF' TEAM NEEDS DRAWING HELP!

Child Friendly Cardiff need your drawing skills to help us create a "One Planet Cardiff" themed mural that will be painted at Lamby Way recycling centre. Keep your drawings to one colour, once finished scan or photograph and send to childfriendlycardiff@cardiff.gov.uk. [Download the drawing activity here.](#) (PDF 1.2mb).



Contact Owain Morris for further information: owain.morris@cardiff.gov.uk

GREEN INFRASTRUCTURE & BIODIVERSITY UPDATE

Cardiff Green Wall project – The Cardiff Local Nature Partnership has installed ‘green walls’ at Dusty Forge community centre and Kitchener Primary School. The walls are made from ivy and other climbing plants, creating a new habitat for wildlife and helping to reduce road noise and pollution. A citizen science programme is being run by the Wildlife Trust to monitor changes in biodiversity and air quality. This project was funded by the Welsh Government ‘Local Places for Nature’ programme. Funding is being sought to expand the scheme to other public buildings in high traffic areas. If you would like to add your school to the shortlist, please contact Samantha Eaves (Cardiff Local Nature Partnership Coordinator) on Biodiversity.team@cardiff.gov.uk



Wales Nature Week 29th May - 6th June – To celebrate Wales Nature Week, Local Nature Partnerships Cymru, are putting together a programme of virtual wildlife events and activities. Each day will focus on a different wildlife habitat with facts, figures, and video shorts from some of the best nature sites across Wales. The week starts on Saturday 29th May with the ‘Big Garden Bioblitz’, an opportunity to record the wildlife in your garden or local green space and have your sightings officially documented by your local wildlife record centre. More information can be found here [Local Nature Partnerships Cymru - Wales Nature Week 2021 \(lnp.cymru\)](http://Local Nature Partnerships Cymru - Wales Nature Week 2021 (lnp.cymru))

Tree planting – We are planning a number of tree planting projects this year to help tackle climate change and enhance biodiversity. These will contribute to ‘Coed Caerdydd’, a 10 year City-wide tree planting programme. If you have space in your school for trees and would like to find out how you can get involved please contact Rosie James rosiejames@cardiff.gov.uk or Nic Hutchinson nhutchinson@cardiff.gov.uk



A NOTE FROM RSPB:

Giving Nature a Home in Cardiff

A FREE Digital session for Cardiff primary schools

HABITAT EXPLORER

Email us for access:

cardiffoutreach@rspb.org.uk

www.caerdyddgwylt.org/schools-outreach

#wildcardiff



Produced by the Giving Nature a Home in Cardiff project (RSPB Cymru, Cardiff Council, Buglife Cymru and funded by National Lottery Community Fund).



#CAERDYDD GWYLLT
#WILD CARDIFF



Please do get in touch if you have any ideas or requests concerning the type of things you would like to see included in future editions of the One Planet Cardiff Schools Newsletter!

Contact Owain Morris for further information: owain.morris@cardiff.gov.uk