



WILLOWS
HIGH SCHOOL



BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO



Use Google Translate to change to your preferred language.

Weekly Newsletter – 02.07.21

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Work Hard, Be Ready to Learn, Be Kind:

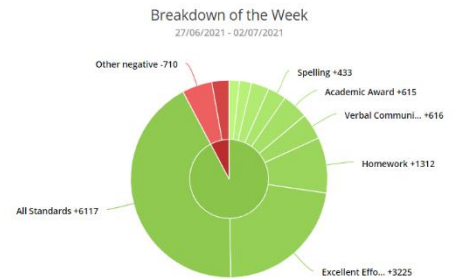
This week we have been busy working hard in our classrooms in preparation for the end of term assessments. We would like to thank parents for checking that their child has been ready to learn with the correct equipment and uniform ensuring a strong start to each day. It is a pleasure to see how kind the majority of pupils are to one another and to others. This has been especially highlighted this week with the amount of charity work that has taken place within Year 8.

We strongly believe that a smart uniform instils a sense of belonging and confidence in all of our pupils. A reminder that there is help available for eligible families regarding the cost of uniform. Information on this can be found here <https://gov.wales/pupil-development-grant-access>. If you need help regarding the forms you can contact our Family and Community Engagement Officer: Samantha.Watt@Willows.Cardiff.sch.uk or on 02922 672744 / 07592 037937 or your child's Heads of Year with any individual problems. The uniform grant will resume in September but a reminder that our generous Year 11's have also donated their blazers and ties and we can also help you in this way if you contact the school.

A huge Willows well done to all of this week's merit winners including Fatima Ahmed from Grey-Thompson and Annalise from Bronte who were the highest merit winners in their classes. We are very proud of you!

Merits – 29.06.21 – 02.07.21:

Year Group	Total Merits	Excellent Effort	Merit Champions
Year 7	3386	7Farah	Shalaw Tufiq
Year 8	2492	8De Beauvoir	Lexie Rose
Year 9	2584	9Schumann	Shaida Tufiq
Year 10	2042	10Hepworth	Egan Butt



Thank you for ensuring that your child attends school every day – every day in school matters. If your child is absent, you can let us know by:

- Ringling School Reception on **029 20414243**
- E-mailing us at firstday@willows.cardiff.sch.uk
- Or by ringing or texting our Attendance Officers on:
- Ms. Short (Attendance Officer) - **07733889023**
- Ms. Davies (Assistant Attendance Officer) – **07733889062**



Attendance Help:

Our Attendance Officers are tracking patterns of absence. They have noted that some of parents allow their child to take time off school due to periods. We would like to find out more information on this from both

pupils and parents – in order to find solutions to any recurring themes. Please help us by filling in this anonymous questionnaire by 09.07.21:

Pupil Period Questionnaire:

<https://forms.office.com/Pages/ResponsePage.aspx?id=UjHFHGu57UqoBhCg1HzkvYaUea4-571BtxFOHda9Bi1UNIRJUlo4Vjk3RkhMWFNMU0JMVE43UTBaNC4u>

Parent Period Questionnaire:

<https://forms.office.com/Pages/ResponsePage.aspx?id=UjHFHGu57UqoBhCg1HzkvYaUea4-571BtxFOHda9Bi1UOUNFV0ZKQjNTTFdOUkFOVzIIQzcN0I2WC4u>

School News:

Extra-Curricular Activities:

Our fantastic Heads of Year continue to run their after-school clubs every Tuesday and Thursday. These clubs are within year group bubbles and based on ideas from pupil voice. We would like to encourage all members of our school community to join in with these activities. They provide good opportunities to learn new skills, make new friends and enjoy our facilities in a relaxed environment. There are sports, art and craft and drama activities so why not see your Head of Year and join in the fun! Here are Year 8 planting and discovering in the ‘Gardd Hardd’ (Well-being Garden). Look out for photographs from the other clubs throughout this edition of the newsletter.

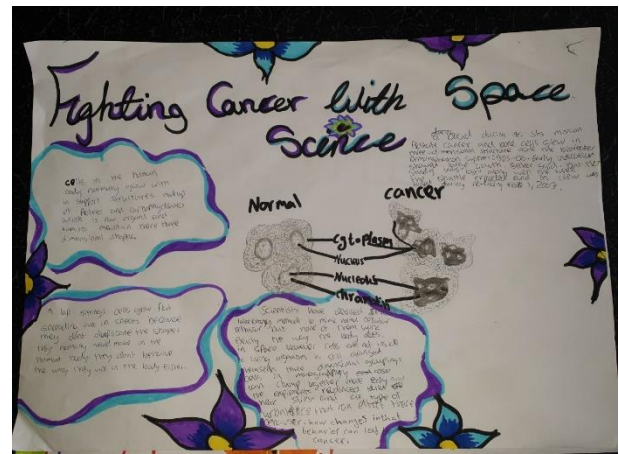


Science:

Year 8 took part in the second session designed to encourage students into careers in the space industry. All of year 8 had to research and plan an idea they would pitch to a billionaire about how they could use a satellite or space station to help with an aspect of life on Earth. The categories were complex and really forced the pupils to think outside of the box. The categories were:

- Protecting endangered species
- Helping with disaster relief
- Fighting cancer
- Growing food

There is still another session in which pupils will be able to talk to experts from the industries about what their jobs entail.



English:

We have been inspired by Y7's reading effort this week.

The following Year 7 pupils have tried really hard in Reading Club:

Ladislav Conka 7BB
Natalie Kubickova 7MK

Chloe Edwards in 7FA has received her certificate and prize this week for attending 5/5 reading club sessions! Da iawn, Chloe!

These pupils are trying exceptionally hard with their Myon reading homework:

Gwion Vaughn-Thomas 7MC
Lisa Inganda 7ED
Emalei Cadogan 7FA

Samuel Nicolau 7RA has read for a fantastic 409 minutes this week and has a Myon reading recommendation. He loves the 'Myth-o-Mania' series, particularly the book on Hades, God of the Underworld. Remember to read for 20 minutes every evening to improve both your knowledge and life chances in the future.

Please continue to support your child with their reading and if you have any questions, please contact Jane.Crawshaw@Willows.Cardiff.sch.uk

Sponsor our very own, Iron Man!

They say that good things come to those who wait. After the disappointment of the cancellation of last year's event due to the Covid-19 pandemic, Mr Sage has been training hard for this year's Ironman Wales in September. An Ironman is a triathlon event that comprises a 2.4 mile swim, 112 mile bike ride and a 26.2 mile run (marathon). 2400 athletes from all over the world will be heading to Tenby to 'take on the dragon' and Mr Sage is hoping that all of his training has paid off. He has been getting up at 5.45am six days a week to train before school and hopes to inspire his children and the pupils at Willows High School to follow their dreams and believe that 'Anything is Possible'.



AMBIWLANS AWYR CYMRU
WALES AIR AMBULANCE

Mr Sage will be raising money for Wales Air Ambulance. If you would like to sponsor him please follow the link:

https://www.justgiving.com/fundraising/joe-sage2?utm_source=Sharethis&utm_medium=fundraising&utm_content=joe-sage2&utm_campaign=pfp-email&utm_term=58a9ebf122144dfea1b490cd82df3fd7.%3CBR%3E%3CBR%3EDonating



[Joe's Ironman Wales 2021 page](#)

Help Joe Sage raise money to support Wales Air Ambulance Charitable Trust

www.justgiving.com

8PL Charity Work:

Jacob Abraham Foundation:

As a part of our Genius Hour class project, we have chosen to support the charity Jacob Abraham Foundation. Jacob Abraham Foundation is an organisation that has been running since 2015. Each year they help approximately 240 people. Since 2015, in 6 years, they have helped up to 1,440 people who have been having suicidal thoughts or helping those suddenly bereaved by suicide.



In the UK, a male dies every 2 hours by suicide. Worldwide a person dies every 40 seconds, and 75% death by suicide are males. In the UK, 4 school aged children die by suicide every single week, and 18 people die by suicide every day.

The Jacob Abraham Foundation do the following:

- Provide counselling
- Raise awareness for mental health
- Help you if you're experiencing suicidal thoughts
- Promote positive mental health
- Help you seek advice from your doctor or other professionals

Here is a link to their website where you can learn more information, donate and read stories about the people who were helped by this organisation:

<https://www.jacobsfoundation.org.uk/>



Please find a list of other support services you can contact if you're feeling vulnerable:

<p><u>Hopeline</u> 0800-068-4141 www.thehopeline.com</p>	<p><u>THE SAMARITANS</u> 0290-2034-4022 116 123 – 24hrs a day, 365 days of the year www.samaritans.org/</p>
<p><u>Child Line</u> 0800 111 www.childline.org.uk</p>	<p><u>SANELINE</u> 0845-767-8000 www.sane.org.uk</p>
<p><u>C.A.L.L Helpline</u> 0800 132737 OR text: Help to 81066 www.callthehelpline.co.uk</p>	<p><u>C.A.L.M Zone Helpline</u> 0845 766 0163 www.thecalmzone.net</p>

To raise money for this worthwhile cause 8PL created a cultural café, selling foods from around the world as well as promoting their fundraising and the importance of the charity on our school radio station, Willows Waves. We are very proud of all of Y8's social action.



8Attfield Charity Work:

8AT have continued to raise money for Boomerang, a charity established by one of our past pupils, which helps homeless people and those in need this week by taking part in an interclass football match.

Y10 Teachers V Pupils Football Match:

The teachers were challenged to a football match against Year 10 this week. After a closely fought battle, the teachers got the victory. Everyone is looking forward to the re-match soon!



Health and Well-being:

Summer Holiday Cycling Courses:

Cardiff Council are offering on-road National Standard Cycle Training courses (Level 2) during the Summer Holidays. There will be 6 courses with a total of 60 places available. Courses will run for 4 days and are being carried out on the following dates:

Monday 26th July-Thursday 29th July
Monday 2nd August-Thursday 5th August
Monday 9th August-Thursday 12th August

Pupils who wish to attend this course must be aged 9 and over, have access to a bike and helmet and be able to ride and control their bike. This course is free for any child who lives in Cardiff or attends a Cardiff school.

To enquire or book a place on the courses then they will need to email RSO1@cardiff.gov.uk

For High School pupils: if pupils achieve level 2 at the end of the course they can also attend a level 3 course. These courses can be arranged during the summer after they have attended the level 2 course.

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

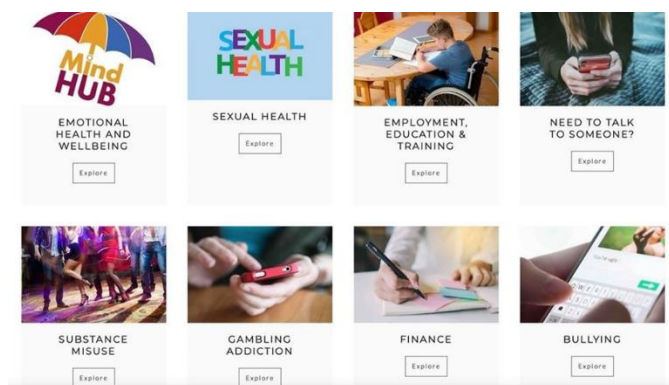
If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:



- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

A reminder that our school safeguarding leads can be contacted if you have any worries or concerns about a child:

-Ian.Whittaker@Willows.Cardiff.sch.uk

-Danielle.Mackintosh@Willows.Cardiff.sch.uk

Cyber -Safety:

A reminder that if a child (under 18) is worried about a sexual image or video that has been shared of them online, they can be use @childline and @IWFHotline ‘Report Remove’ tool to see if it can be taken down. Further information can be found at childline.org.uk/remove.

Community:

Cardiff Council – New Willows High School Vision:

An exciting opportunity to help shape the future for Willows High School has been launched. Maybe you are a parent, pupil, local resident or just have lots of ideas? Help create a new curriculum and development of a new school building, before July 23rd by visiting: https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Schools/21st-Century-Schools/Keep-up-to-date-and-contact-us/Publications/willows-high-school/Pages/default.aspx?utm_source=Twitter&utm_medium=social&utm_campaign=Orlo&utm_content=Willows+Visioning



Cardiff Met Student Teachers:

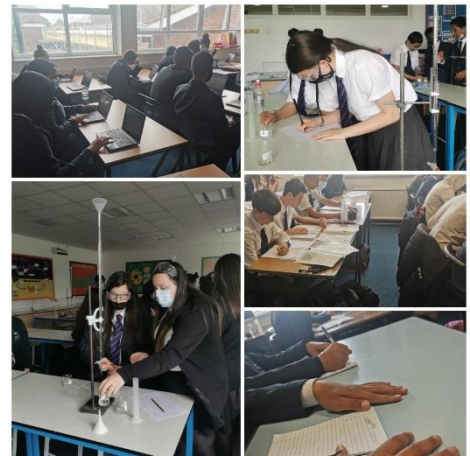
We say goodbye to our PGCE students this week. They have loved working in our school and have been an asset as positive role models and teachers. We wish them every success in their future careers.

Diolch:

Thank you for your continued support. Please remember to contact us directly on 029 20414243 or to e-mail your child's Welfare Officer if you need to tell us something or have any suggestions for improvement. We are always happy to listen!

Enjoy your weekend,

Team Willows



Creative Arts Summer Camp

at Royal Welsh College of Music & Drama in Cardiff
Calling all young musicians, actors and production artists in Years 7 to 11

You are invited to take part in a **FREE, three-day summer camp from 21st to 23rd July 2021**

Open to those living in postcodes*

CF3, CF5, CF11, CF15, CF24, CF34, CF37, CF43, CF44, CF45, CF47, NP18, NP19, NP20, NP23, NP25, NP40

Workshops delivered by subject specialists will include:

Music: drumming, singing, creative work, group playing

Production Arts: taster sessions in puppetry, lighting, sound, stage management, set design and costume design

Drama: improvisation, acting on camera, group performance

Interested? Email outreach@rwcmd.ac.uk by 30th June 2021

**subject to postcode check*

ROYAL WELSH COLLEGE
OF MUSIC & DRAMA
COLEG BRENHINOL
CERDD A DRAMA CYMRU

CAMPWS CYNTAF
YMESTYN YN EHGANGACH
FIRST CAMPUS
REACHING WIDER

