 Use Google Translate to change to your preferred language.

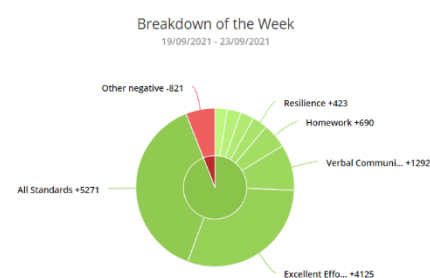
BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

Weekly Newsletter – 24.09.21

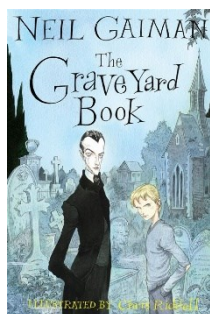
Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Read to Succeed!

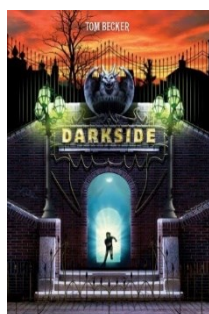
This week, all Y7, Y8 and Y9 pupils have completed a STAR reading test which provides us with an approximate reading age for each pupil. Your child's reading age should match or exceed their actual age. Look out for a letter from your child's Journey 7 or English teacher informing you of their reading age. The letter may invite them to extra reading intervention sessions and will also give you hints and tips on reading with your child at home. This is vitally important and shouldn't stop in high school. Whenever possible, listen to your child read aloud and ask them to explain the text.



We will also be spreading our love of reading over the coming weeks with our tutor time reading sessions. As well as containing fantastic story lines and rich language, the books chosen will spark class discussions to complement our PSHE curriculum. Here are the books that your children will read with their form teachers:



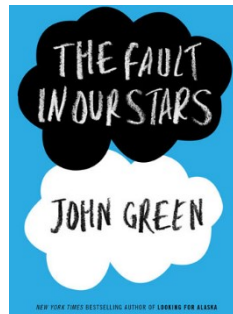
Year 7



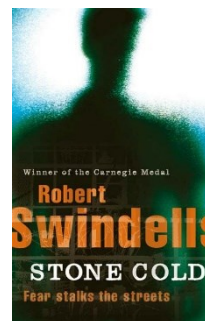
Year 8



Year 9



Year 10



Year 11

We hope that our pupils enjoy these as much as we do and that it sparks a life long love of reading for pleasure!

Merits – 19.09.21 – 23.09.21:

A huge Willows well done to all of this week's merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	3119	7Curie	Shuhana Ahmed and Megan-Grace Williams
Year 8	2882	8Farah	Fatima Ahmed
Year 9	1877	9Plato	Lily Fortt
Year 10	2575	10Novello	Rhianna Jones
Year 11	2457	11Hepworth	Waqui Ahmed

School News:

Bike to School Week:

How would you like to be in with a chance of winning a brand new Frog bike? Next week is Sustrans' Bike to School week 2021 and as many people as possible are being encouraged to either bike or scoot to school as part of Willows High School's Active Travel plan.

Anyone who either bikes or scoots to school can use the hashtag #BikeToSchoolWeek and then tag in @WillowsHigh on their socials. Take a photo and upload your best selfie!

Lastly, it is really important to include the **whole school community** in Bike to School Week – especially **parents/families** – so any family that fills in this [short online form](#) to tell us that they will be taking part in Bike to School Week will automatically be entered into a **free prize draw** to win a Frog bike!

Just by filling in this pledge, you are in with a chance of winning the bike! What are you waiting for?

Past Pupil Pride:



We are delighted to hear that many of our past pupils are off to University this month. We wish them well in their future studies.

This is Omar Alblili. After completing his GCSEs and leaving Willows High School, Omar went to Cyncoed College to study a BTEC Extended Diploma in Science for three years. He received an excellent set of results – all at Distinction and Merit level. Omar is now a student of Medicine at Lancashire (Burnley Campus). He is successfully on his way to becoming qualified as a BDS Dentist.

Omar recently got in contact to thank the teachers and staff at Willows High School for believing in him. He said, 'they always kept on telling me that I could do it - even though I didn't have the English language skills when I first started there.'

We are extremely proud of Omar and the many others like him who are embarking on successful and exciting careers.

Newsletter Competition Winners:

A massive 'Willowstastic' Shout Out to the following pupils for their correct entries in last week's Awesome Art Competition:

Mia-Louise Evans-Marnell
Coban Probert
Aparajita Hota
Minahil mahmood
Raghad Alsmadi
Mercy Agunbiade
Tahirah Begum
Noah Roberts
Rianna Nabadda
Zaydin Tsim



- ✓ Be active and feel more energised
- ✓ Help the environment by replacing a car journey
- ✓ Improve local air quality and reduce congestion

Health and Well-being:

Flu Vaccinations:

Parents should have received a text from our school office containing the following links which provide further information on flu vaccinations:

PHW flu information for parents 2021:

<https://www.willowshigh.co.uk/wp-content/uploads/2021/09/PHW-flu-information-for-parents-2021-Copy.pdf>

September 2021 Flu letter to parents (e-consents):

<https://www.willowshigh.co.uk/wp-content/uploads/2021/09/September-2021-Flu-letter-to-parents-e-consents.pdf>

The School Immunisation Nursing Team will be administering these at school in November for all year groups. The links above explain that you will be given the opportunity to consent / withdraw from this as you wish. You will receive a further link in text message / e-mail for this process.

Safeguarding:

A reminder that our school safeguarding can be contacted if you have any worries or concerns about a child:

Danielle.Mackintosh@Willows.Cardiff.sch.uk

Cardiff Foodbank:

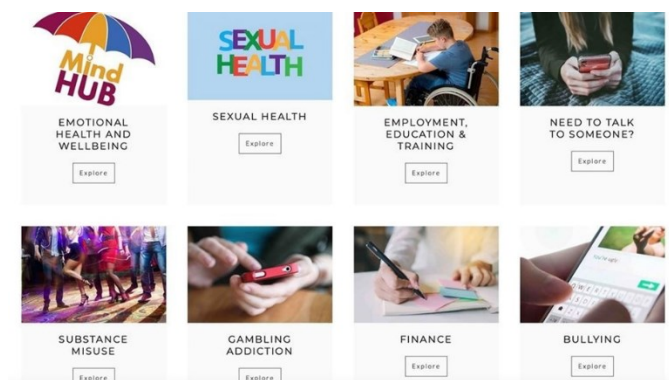
Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937**Cardiff**

Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>



Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Community:

Did you know that Splott had a secret garden? Why not pop along to the RSPB's 'Great Big Green Week' this Saturday to help plant bulbs and build bug hotels! Tickets available here:

10 am –12 mid-day: orlo.UK/Yz8JR

and

1pm – 3 pm: orlo.UK/vVyw5

Family Learning Courses:

CAVC and Willows are hoping to start Family Learning Courses in the next few weeks:

- Family Learning – Supporting your child with English
- Family Learning – Supporting your child with Maths
- Family Learning – English as an Additional Language
- Essential Skills – English
- Essential Skills – Maths

If you are interested, please click on the link below and complete the questionnaire:

<https://forms.office.com/Pages/ResponsePage.aspx?id=6obV1UpX0EKWycwbCJb0eFURxeBCzvFPrZAPwUQd6kFURjFUTzYwNDQ0SUJHskROWThGQkMwVDJZRy4u>

There is also a flyer with further details attached to the end of this newsletter.

Diolch:

Attached below is our extra-curricular time-table for the Autumn term. Please encourage your child to become involved in as many activities as possible. They are a great way of acquiring new skills and making new friends.

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

By working together we can ensure your child's success.

Kind regards,

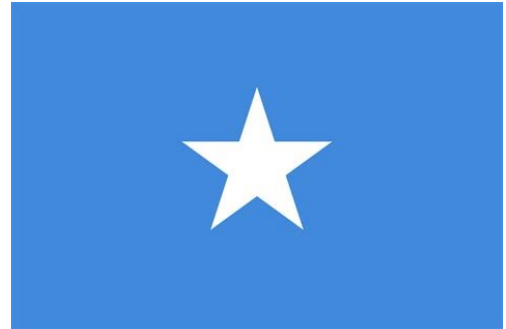
Team Willows



Fantastic Flags:

Quiz: Can you name the country that the flags represent?

Email your answers to Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk - all correct answers received will win a prize!





Extra-Curricular Activities – Autumn Term 2021- 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years
		9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP
		9.00 – 9.30 am: KS4 Morning Mindfulness (registered pupils only) JS			
Lesson time		10.45 – 12.55 pm: Woodwind lessons (registered pupils only) PAC	1.00– 3.30 pm: Guitar and Percussion lessons (registered pupils only) PAC	12.30 – 3.30 pm: Piano and singing lessons (registered pupils only) PAC	Morning: Violin lessons (registered pupils only) 9.00 – 3.30 pm: Piano and singing (registered pupils only) PAC
After school	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available.	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available
	3.30 – 4.30 pm: All Year Groups Anime / Manga Club G18 - DS	3.30 – 4.30 pm: Y10 and Y11 Python Club (Registered pupils only) G17 - HAB	3.30 – 4.30 pm: Y10 and Y11 Maths Drop-in Clinic G14 – AL	3.30 – 4.30 pm: Y7, Y8 and Y9 Maths Drop-in Clinic G19 – JKO	
	3.30 – 4.30pm: All year groups Mindful Monday – Practice relaxation techniques such as yoga and meditation PAWB	3.30 – 4.30 pm Welfare Officers’ Clubs (Various activities based on pupil voice for all year groups)	3.30 – 4.30 pm: All year Groups Debate Club S9 – NH and CC	3.30 – 4.30 pm Welfare Officers’ Clubs (Various activities based on pupil voice for all year groups)	

		3.30 – 4.00pm: Y7 reading intervention groups (registered pupils only) J7 classrooms	3.30 – 4.30 pm: Y9, Y10 and Y11 Art Option Booster Session F2 – AEJ and EJ	3.30 – 4.30 pm: French GCSE Booster Session French rooms – JEB and MV	
		3.30 – 4.00 pm: Y8 and Y9 reading intervention group (registered pupils only) English classrooms	3.30 – 4.30pm: Y7, Y8 and Y9 Python Club (Registered pupils only) G15 - RB	3.30 – 4.30 pm: Beauty Club DS – G18	
		3.30 – 4.30 pm: Gamification PAWB rooms KW and MC	3.30 – 4.30pm: All years Choir/ Show rehearsal PAC CWL	3.30 – 4.30 pm: Chess Club AR and BB – F1	
		3.30 – 4.30 pm: French GCSE Booster Session French rooms – JEB and MV	3.30 – 4.30 pm: All year groups Your Space – craft, board games, chat and homework catch-up PAWB	3.30 – 4.30 pm: All year groups Coursework Club – catch up with coursework in a relaxed and calm environment PAWB	
		3.30 – 4.30 pm: Y10 and Y11 Hospitality and Catering Booster session Catering - RD	3.30 – 4.30pm: All year groups PAWB Sports – All abilities and a relaxed environment	3.30 – 4.30 pm: Y11 Science Revision Science rooms	
		3.30 – 4.30 pm: Y7 Drama Club CWL / ED	3.30 – 4.30 pm: Y7 Young Entrepreneurs Club Library SV		
		3.30 – 4.30 pm: Geography in the News S8 – CT	3.30 – 4.30 pm: Y11 Coursework Catch-up LUW – F4		
		3.30 – 4.30 pm: All year groups Music Club – learn music production, DJing, rock band and more PAWB			

*Please see Ms. Windmill-Lewis if you wish to register for singing / instrumental lessons.

*PAWB LGBT Youth Group – A pupil led group for LGBT pupils and allies. For more information e-mail

Georgia.Coles-Riley@Willows.cardiff.sch.uk or talk to your Welfare



PE Department Extra-Curricular Programme Autumn Term 2021

Activity	Who	Where	When	Teacher	Other Details
Cross Country	Boys & Girls Years 7-11	Training – Willows Field Fixtures - Pontcanna Fields	Tuesday/Wednesday Training 3.30- 4.30pm Fixtures 3.30-6pm	Miss Moore	Bring your kit and trainers/spikes/football boots Training/Trials – Wednesday 22 nd September 2021 3.30-4.30pm Fixtures Tuesday 28th Sept Boys Race 1 Tuesday 5th Oct Girls Race 1 Tuesday 12th Oct Boys Race 2 Wednesday 20th October Girls Race 2
Girls Fitness Club	Girls Year 7-11	Gym	Thursday 3.30-4.30pm	Miss Moore	Bring your kit and trainers. Will include boxercise, HIIT, weight training, resistance band training, boot camp.
Year 9 Boys Football	Year 9 Boys Rugby	Pitch (barn in bad weather)	Tuesday Week 1 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
Year 9 Boys Rugby	Year 9 Boys Football	Pitch (barn in bad weather)	Tuesday Week 2 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
KS4 Boys Sports Club	Year 10 & 11 Boys	Barn & Gym	Wednesday 3.30-4.30	Mr Roberts	Bring your kit and trainers. Variety of activities (football, basketball, volleyball)
Year 7 & 8 Boys Football	Year 7 & 8 Boys	Pitch (barn in bad weather)	Thursday Week 1 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
Year 7 & 8 Boys Rugby	Year 7 & 8 Boys	Pitch (barn in bad weather)	Thursday Week 2 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
Staff Well-being Club	All Staff	Various Venues	Friday 3.30-4.30	Mr Sage	Bring your kit and trainers. Variety of activities (HIIT training, yoga, badminton)
Staff Football Club	All Staff	Barn	Tuesday 3.30-4.30	Mr J Smith	Bring your kit, trainers and shin pads!

***Notes: After half-term (once the cross-country fixtures have been completed) Miss Moore will organise a club based upon pupil voice.**

Mindful Mondays

in the Pawb

3.30-4.30

Practice relaxation techniques such as yoga, meditation and Tai Chi

For more info speak to your Head of Year or email georgia.coles-riley@willows.cardiff.sch.uk





Music Club

Music production, DJing,
band practice and more!

Every Monday- meet at
the PAWB

3.30-4.30

*Ask your reg tutor or email
daniel.parselle@willows.cardiff.sch.uk
for more details*



WILLOWS LGBT YOUTH GROUP

in the PAWB

**A pupil-led group for the
Willows LGBT community and
our allies**

**For more info ask your Head of
Year or email [georgia.coles-
riley@willows.cardiff.sch.uk](mailto:georgia.coles-riley@willows.cardiff.sch.uk)**





PAWB Sports

Every Wednesday

3.30-4.30

**Play sports in a relaxed environment-
open to all abilities!**

**For more info ask your Head of Year
or email
daniel.parselle@willows.cardiff.sch.uk**

Your Space

Every Wednesday in the PAWB

3.30-4.30

Come along and craft, play board games with your friends, craft, do your homework...or just to have a chat

For more info, speak to your Head of Year or email georgia.coles-riley@willows.cardiff.sch.uk



COURSEWORK CLUB

Every Thursday in the PAWB

3.40-4.30

**Come along and catch up on your coursework
in a quiet, relaxed environment**

***For more info speak to your Head of Year or email
georgia.coles-riley@willows.cardiff.sch.uk***



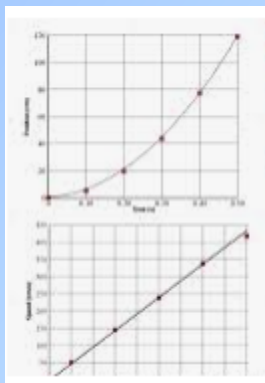
HELPING YOUR CHILD WITH KS3 MATHS

10 week course **for parents/guardians/carers** .

Re-learn and boost your maths skills .

Help support your children with their KS3 maths homework.

To book a place on the course click [here](#)



FREE

- All courses are free
- Accredited with Agored Cymru

WHEN?

- Online 10 week course.
- Start week beginning 27th September 2021.
- Weekly day and evening classes—you choose what suits you.
- Catch up recordings each week.

families@cavc.ac.uk