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BELONG, believe, ACHIEVE
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Weekly Newsletter – 01.10.21

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

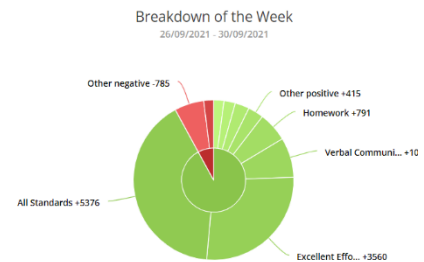
Belong:

Our after school extra-curricular programme launched this week and it has been a pleasure to see the amount of pupils staying behind to engage in these activities. The clubs span a range of activities including anime, football, chess and craft. There is also extra help available most nights in English and Maths as well as our library being open until 4.00 pm for homework. Please encourage your child to participate in these activities. They will not only develop new skills but make new friends.



Merits – 26.09.21 – 30.09.21:

We are incredibly proud of the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:



Year Group	Total	Excellent Effort	Merit Champions
Year 7	3134	7Josephson	Kiana Nikoonamrad
Year 8	2404	8Edwards	Chloe Edwards
Year 9	2495	9Cavendish	Daniel Da Silva and Loukman Ali
Year 10	1844	10Novello	Euan Davies
Year 11	2287	11Innes	Benitto Tsohuka, Ethan Hewett, Bilal Egeh, Waqui Ahmed and Ayad Mohammed

School News:

One Million Mentors:

We were delighted to launch this year's 'One Million Mentors' programme with Y10 this week. We are the first school in Wales to pilot the company's new model. Our Year 10's were guided through the mentoring process and shared the qualities they would like in an ideal mentor. Each member of this group will be individually matched with an experienced adult in industry who can help guide them over the next two years.



PE and Welsh Bacalaureate:

Set for Success - Session 6:

On Thursday the Year 11 Set for Success group met with their athlete mentor, Olympian Tom Haffield to plan and discuss their Social Action Project. The group have decided to link it to the work they are doing in Welsh Bacalaureate with Mr Smith. They are planning to raise awareness of youth homelessness by organising a series of fund-raising events in support of the charity Llamau.

Llamau is a Welsh charity based in Cardiff who believe that no young person should ever have to experience homelessness, yet every year in Wales, thousands of young people face exactly that. That's why they have launched a campaign to End Youth Homelessness in Wales within 10 years.



Imagine a World Without Homelessness

The set for success pupils have decided to fund raise for Llamau by doing a cake sale and a raffle for a Christmas hamper full of treats.

The pupils are also going to help Mr Smith with collecting food donations for the local foodbank which he does every year leading up to Christmas.

This project will allow the group to developing their teamwork, planning skills and build character, all of which we aim to do at Willows High School.

Fantastic Football:

A great start to the season for the Y9 Football team who beat Cathays High School 5 -4 in a gripping match this week. Both teams worked incredibly hard and the result came down to a last minute goal. Da iawn pawb and thanks to Mr. Sage for battling through the wet weather!



Charity Walk for Parkinson's UK:

A huge Willows Well Done to Daniel in Y10 and the rest of his family for completing a 5k walk for Parkinson's UK last weekend. We are very proud of you all – you are certainly Willowstastic!



Newsletter Competition Winners:

A massive 'Willowstastic' Shout Out to the following pupils for their correct entries in last week's Fantastic Flags Competition:

Precious Agunbiade, Aparajita Hota, Coban Probert, Tairah Begum, Gwion Vaughn Thomas, Mercy Agunbiade, Minahil Mahmamoud, Jasmine Kirby, Megan Worthey, Noah Roberts, Raghad Alsamadi, Kane Williams, Gina Kong, Chloe Gauder, Ergun Dikici, Lataya Marden, Rowan Williams – Lord, Hope Allen, Kayden Allen, Nisha Kaur, Yassir Al-Idrissy and Sophie Stapleton.



Enter this week, below, for a praise card and a lolly!

Health and Well-being:

Covid-19:

Many thanks for keeping us informed of any positive LFT cases, and for booking your children for PCR tests if you are uncertain at the onset of Covid-like symptoms. Current positive cases at Willows remain in single figures within each year group. We strongly urge all members of the school community to **test twice a week** and to stay at home if you have symptoms or have a positive test.

Please be advised that if your son/daughter has to remain at home due to a positive test, if they are well and able to keep in touch with school work, then we have placed all of their work booklets onto their One Drive (accessed via their school Office365 / e-mail account). However, we are very aware that some pupils who are isolating are unwell or unable to keep in touch. In all cases, pupils should not be disheartened or over-anxious as their teachers are aware of their situation and will give them guidance on their return

Here is a link to child friendly information from the Welsh Assembly Government regarding Covid-19 vaccinations:

<https://phw.nhs.wales/topics/immunisation-and-vaccines/covid-19-vaccination-information/patient-information/covid-19-vaccination-a-guide-for-children-and-young-people/>

Safeguarding:

A reminder that our school safeguarding can be contacted if you have any worries or concerns about a child:

Danielle.Mackintosh@Willows.Cardiff.sch.uk

Cardiff Foodbank:

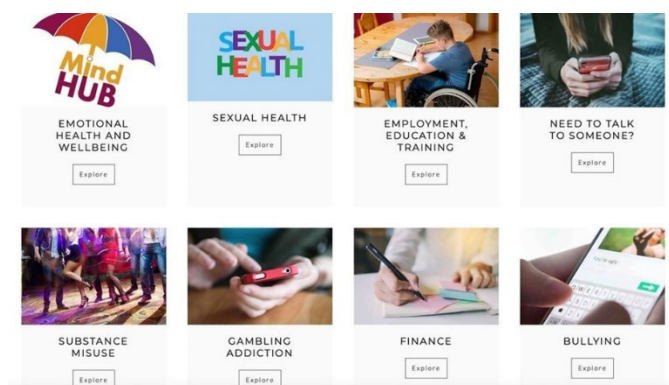
Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937**Cardiff**

Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>



Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Community:

Support Tremorfa Pantry:

Tremorfa Pantry are attempting to make it into the Guinness World Book of Records with the greatest tombola! To achieve this, they need over 6,000 prizes. We are delighted that our pupils, past pupils and their families are contributing to this worthy cause. A special mention to Ronnie Ashton and Kane Williams for heading up the campaign on social media. Da iawn!

Betty Campbell Statue:

If you are looking for something to do this weekend, why not visit the recently unveiled statue of Betty Campbell (the first black headteacher in Wales) in Central Square in Cardiff Bay. The statue was commissioned after BBC’s ‘Hidden Heroines’ poll.

Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

A polite reminder that our teachers and Welfare Officers are very busy working with children throughout the day. To avoid disappointment, please ring or e-mail school to book an appointment with the relevant person rather than turning up at school reception.

By working together we can ensure your child’s success.

Kind regards,

Team Willows

Dear All,

We are Tremorfa Community Pantry, a group of like-minded individuals whose aim is to save food from landfill and deliver it to people in our community in order to battle food insecurity. We run lots of activities to help empower people within the community and strengthen community bonds. We work hard to share our passions and common goal of serving the community with other local community groups. It is important for us to operate our services, so it is sustainable and free for all.

We encourage the children in our community to vocalise, participate and be proactive in all our activities. Following the successful child-led Mini Market this month, where they raised over £300. The children decided to donate the money to charities helping Afghan refugees.

One of our young teens suggested we further our efforts by holding The Biggest Tombola ever. We have now applied to Guinness World Records and are planning to hold the Tombola at the beginning of December. We need over 6000 prizes to be in with a shot of being record holders.

Here is how you can help us.... Prizes, Prizes, Prizes.

Any new or unopened items small or big, vouchers or cash, edible or non-edible, books, toys, plants, collectables, alcohol, toiletries etc. Help us reach our goal, and we will ensure to recognise your efforts on our social media. All funds raised will go towards keeping our pantry running free of charge.

Thank you for your time and efforts to help us help our community.

Please feel free to contact Jenny Ashton 07816029439 if you want more information and ways to deliver the donations.

Best Wishes

Tremorfa Community Pantry



Brilliant Book Characters:

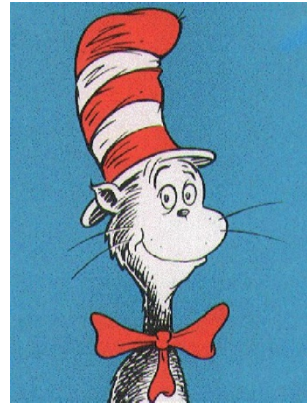
Quiz: Can you name the following characters from popular Children's books?

Email your answers to Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk - all correct answers received will win a prize!

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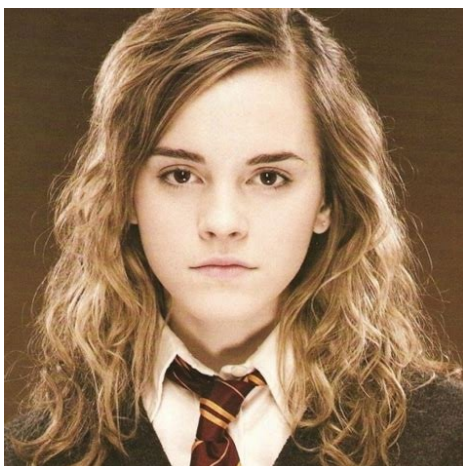
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