 Use Google Translate to change to your preferred language.

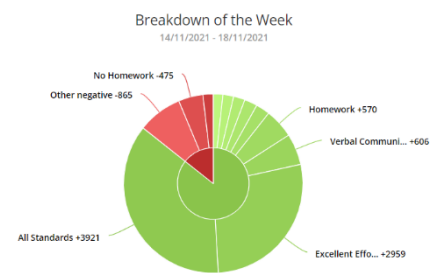
**BELONG, believe, ACHIEVE**  
**PERTHYN, CREDU, LLWYDDO**

**Weekly Newsletter – 19.11.21**

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

**Be Kind:**

Our assemblies, this week, have focused on the key messages from the national anti-bullying campaign. Pupils have been asked to think about their words and actions in real life and online. They have been asked to consider their impact on others in both the long and short term. We have encouraged the spreading of kind words and discussed ways to make another person's day. We hope that this spreads into our neighbourhoods and community at large. Anti-bullying tips for parents and carers can be found here: <https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>.



**Merits – 15.11.21 – 18.11.21:**

We are incredibly proud of the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	2597	7 Darwin	Tienna Williams
Year 8	1964	8 Farah	Zyad Mohamed
Year 9	1654	9 Attfield	Suhas Mujjara
Year 10	1713	10 Schumann	Julia Trojanowska
Year 11	1267	11 Matisse	Aleesha Scott

**School News:**

**PE Department:**

**Y11 Football Match Victory:**

After the disappointment of their Cardiff Cup defeat to Bro Edern, the Year 11 football team returned to winning ways with a hard-fought 2-1 victory over Cathays High School. The team worked hard for each other and will now take confidence into their next game. Year 8 suffered a heavy loss against Cathays but were excellent in their attitude and are still eager to improve. Well done all!



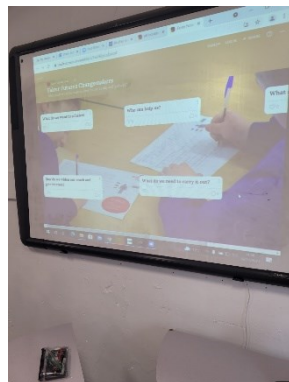
**English Department:**

**Expo Dubai Debating Competition:**

We are delighted to report that our Y11 pupils Marzooq Subhani and Crystal Tran are through to the semi-finals of the Expo Dubai debating competition. We wish them every success with the next round!

### **Fairer Futures Debating Competition:**

Three of our Y9 pupils did themselves, families and the school proud with their outstanding performance in the *Fairer Futures: The World in 2100* inter-school debate this week. Aidan Barratt, Carmen Haile and Trey James debated on a range of crucial topics such as 'All individuals should be vegetarian by 2030' and 'All countries will abide by strict climate change protocols.' Ms Cook was thrilled at the eloquence and maturity they displayed throughout the debate, definitely shining among the other schools and receiving compliments from the organisers, the Welsh Centre for International Affairs. They have now been given a £400 budget to pursue a project on 'discrimination and ensuring all people feel safe in our community'. Now that's what we call Willowstastic!



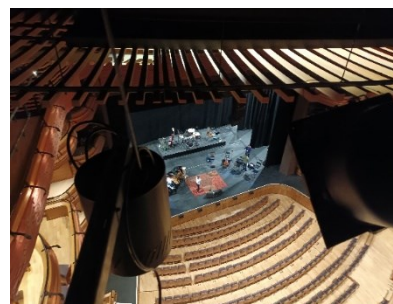
### **Careers:**

#### **Wales Millennium Centre:**

As part of our Valued Partners scheme, Willows has recently forged a link with Wales Millennium Centre (WMC). This exciting opportunity means that Willows pupils will shortly be involved in a variety of new projects. The first project will involve pupils being shown how to record, edit and air a radio programme.

Year 11 pupils were also treated to a talk from Sian, who works in Human resources at WMC. They were informed of the various roles and job opportunities that exist in the WMC. As always, the pupils were very respectful.

Willows staff were then invited to a back-stage tour of the WMC. We were shown every aspect of their operation, including how they operate a show from below stage and high up in the ceiling where they keep all the scenery controls. Miss Windmill was not a fan of the heights, but really loved the tour! We even spotted Rob Brydon on stage!



### **Extra-curricular News:**

#### **Y7 Young Entrepreneurs – Advent Calendar Sale:**

The Young Entrepreneurs have been busy organising a large Christmas Festival for the whole school to be part of at the end of the term. However, next week on Thursday 26th and Friday 27th at home time, they will be running a little stall at the main gates for all students, where they will be selling Christmas advent calenders, Christmas trinkets and decorations. Decorations and trinkets will range from 20p to £1 while advent calendars will range from £2 - £3. If possible, we ask that pupils bring money to school for this to help support the endeavour.







# BBC Children in Need

Years 7 & 8 took part in a 5-a-side football competition after school on Thursday to start the fundraising for BBC Children in Need. Each pupil paid to take part and ensured a fun start to the annual charity event.

Years 9, 10 & 11 will have their tournament next week and will also contribute towards the total fundraising total for the school. This promises to be very competitive as bragging rights will be on the line!



Year 7 started Friday morning in an active way by joining the 'live' Joe Wicks workout for Children in Need. Rather than their usual Friday assembly, the pupils (and some keen members of staff) worked up a sweat with the 'Body Coach' along with thousands of other children all over the UK.

Friday saw the popular return of the cake sale during break and lunchtime. Staff and pupils made cakes, biscuits and other sweet treats to donate (both at home and during catering lessons) and these were sold by the Student Council in the staff room, reception and canteen. The excitement around the school was clear to see and the smiling faces of satisfied customers was a big thumbs up to all the talented bakers in the Willows community.





This week has been Anti-Bullying Week 2021 and Willows pupils and staff raised awareness of this hugely important cause with an odd socks day. A bit of fun for all involved but also a visual reminder that bullying will not be accepted and the power of kindness can make somebody's day. The ongoing theme of being kind was reinforced with pupils sharing messages of support and gratitude to each other during lessons and staff giving a 'shout out' to other members of staff.

**Year 6 Visits:**

Our school tours are still available for prospective parents. If you know any Year 6 parents in our community who would like to book a slot on our Open House tours over the coming weeks, please ask them to get in touch at [TeamWillows@willows.cardiff.sch.uk](mailto:TeamWillows@willows.cardiff.sch.uk). Remember that the deadline for applications to Cardiff Council for the first round of admissions is **November 22<sup>nd</sup> 2021**. Make Willows your first choice here: <https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Schools/Applying-for-a-school-place/Secondary-school/Pages/default.aspx> If you need any help completing the form, please visit our school reception and one of us will be happy to help!

**Newsletter Competition Winners:**

A massive 'Willowstastic' Shout Out to the following pupils for their correct entries in last week's restaurant logos competition: Noah Roberts, Sara Faramehr, Kane Williams, Tia Trebilcock, Aparajita Hota, Hope Allen, Kayden Allen, Ariana Nikoonamrad, Sophie Stapleton, Liam Musto, Mercy Agunbiade, Minahil Mahmood, Megan Worthey, Amy Musto, Chloe Gauder, Coban Probert, Gracjan Stacherski, Cruz Jackman, Taihrah Begum, Amar Gatys and Shaida Tufiq.

**Enter this week, below, for a praise card and a lolly!**

**Health and Well-being:**

**Period Dignity:**

In a few weeks, we will be feeding back the results of last term's pupil and parent 'period questionnaire' in assemblies. If you do not wish your child to take part in this, please e-mail their Welfare Officer to let them know and alternative arrangements will be made.

**Your career matters at Willows!**

**Willows High School have arranged a **healthcare careers seminar for years 7, 8 and 9****

Do you want to be a doctor, nurse or paramedic?

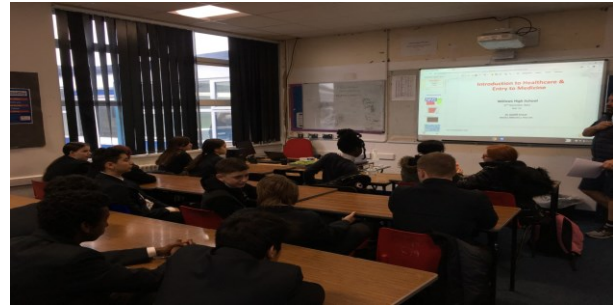
Have you been inspired by the extraordinary efforts of healthcare workers on the front line of COVID 19 and want to learn more?

Maybe you are simply interested in the 350 plus careers within the NHS and wish to live a fulfilling life dedicated to helping others?



This week, Dr Qashif Anwar delivered a seminar to our year 11 students who want to pursue a career in healthcare. It was particularly useful for those students who are keen to apply for medicine.

Due to popular demand, Dr Anwar has offered to talk to students in years 7, 8 and 9 who are interested in finding out about careers in healthcare.



**Date: Tuesday 23rd November 2021**

**Time: 09.30 - 10.00**

**Room: G16**

If you wish to attend, notify Mr Roberts ([andrew.roberts@willows.cardiff.sch.uk](mailto:andrew.roberts@willows.cardiff.sch.uk)) or Dr Anwar ([qashif.anwar@willows.cardiff.sch.uk](mailto:qashif.anwar@willows.cardiff.sch.uk)).

**“Shoot for the moon. Even if you miss, you’ll land among the stars.”**

- Oscar Wilde

### **Covid-19:**

Many thanks for keeping us informed of any positive LFT cases, and for booking your children for PCR tests if you are uncertain at the onset of Covid-like symptoms. Current positive cases at Willows remain low within each year group. We strongly urge all members of the school community to **test twice a week** and to stay at home if you have symptoms or have a positive test.

### **Safeguarding:**

A reminder that our school safeguarding can be contacted if you have any worries or concerns about a child:

[Danielle.Mackintosh@Willows.Cardiff.sch.uk](mailto:Danielle.Mackintosh@Willows.Cardiff.sch.uk)

A new service has been launched by the Cardiff Youth Service support young people to flourish and thrive, building on their individual talents, skills and abilities. You can watch the video here:

<https://www.youtube.com/watch?v=HuUfKKWVV6Q>

Cardiff Family Help Team are an early intervention service offering high quality information , advice and assistance to children and young people aged 0 – 18 (and to 25 for vulnerable adults) and their families living in Cardiff.

### **Oasis Cardiff:**

Oasis needs ESOL volunteers to give their time to help asylum seekers and refugees integrate in the community. If you are able to help contact [Laura@OasisCardiff.org](mailto:Laura@OasisCardiff.org)

### **Cardiff Foodbank:**

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937



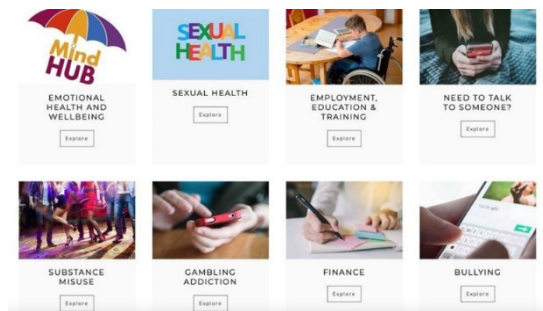
## **Cardiff Youth Service:**

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank\*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at [Kelly.Bubbins@willows.cardiff.sch.uk](mailto:Kelly.Bubbins@willows.cardiff.sch.uk) if you need feminine hygiene products and we’ll do our best to help.



## **Community:**

### **Welsh Baccaulaureate Foodbank Appeal:**

Please support our [Cardiff Food Bank Donation](#) by bringing 1 item from the list. These items are donated to Splott Community Group, packaged into Christmas food parcels and delivered to families in need within our community ready for Christmas

### **WE CAN ACCEPT...**

All donations (food and other items) must be in date and in the original package and unopened. We can only accept and distribute unopened items in the original packaging. We cannot accept gift wrapped items – gift wrapped donations will be opened and checked before distribution.

Food Items

Soup – (tins & packets)

Tomatoes (tinned)

Baked Beans

Potatoes (tinned)

Vegetables (tinned)

Meat (tinned)

Fish (tinned)

Pasta (max 1kg packs)

Rice (max 1kg packs)

Cooking Sauces (pasta sauce etc.)

Breakfast Cereals (size 350g – 500g)

Biscuits

Tea

Coffee (instant)

Fruit (tinned)

Milk (UHT long/life 1 litre)

Fruit Juice – long life (1 litre cartons)

Squash (1 litre bottles)

Savoury Snacks (Crisps, crackers etc)

Chocolate/Sweets

Condiments (Ketchup etc.)



### **Diolch:**

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

### **Pupil Pick ups and Drop offs:**

We respectfully request that families do not park near the school at the end of the day. As you can imagine, with all of our pupils leaving through the single gate on Meirion Place at 3.30pm, it can get pretty crowded and the congestion caused by cars parked on both sides of the road means it's potentially an accident waiting to happen. We'd be grateful if you would park a couple of streets away and ask your child to walk to you. This will mean the area will be a lot safer for our pupils and your children will get an extra load of steps in every day.

A polite reminder that our teachers and Welfare Officers are very busy working with children throughout the day. To avoid disappointment, please ring or e-mail school to book an appointment with the relevant person rather than turning up at school reception.

By working together we can ensure your child's success.

**Team Willows**

### **Geography Anagrams:**

**Quiz:** Rearrange the capital letters (in bold) in the clues to make the name of a European country.

Email your answers to Mrs. Bubbins at [Kelly.Bubbins@willows.cardiff.sch.uk](mailto:Kelly.Bubbins@willows.cardiff.sch.uk) - all correct answers received will win a prize.

1. **HUG RYAN** in this country.
2. Take **A SPIN** in this country.
3. Find a **RED NAIL** in this country.
4. **WE SEND** letters to this country.
5. In this country, find a **BIG MULE**.
6. **COLD STAN** shivers in this part of the British Isles.

