



WILLOWS
HIGH SCHOOL



BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO



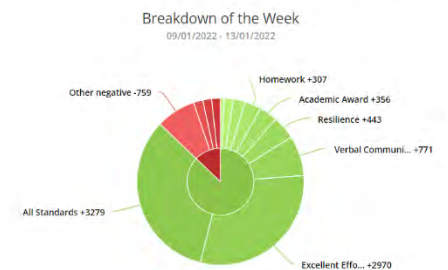
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Weekly Newsletter – 14.01.22

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Be Ready to Learn:

Thank you for all of your support this week. It is a pleasure to see so many of our pupils arriving to school dressed smartly with the correct equipment. A reminder that pupils are expected to carry **3 blue / black pens, a green pen, a pencil, a ruler, an eraser and a scientific calculator (see below)** in their pencil cases. By checking your child is ready for school, you can help us maximise learning time. This week your child will have received this half-term’s Unit 3 Knowledge Organiser. A reminder that every child should be completing the revision homework in their green book every evening as well as Mathswatch online and independent reading. **Every child has an hour of homework every week-night** with GCSE classes sometimes having extra tasks to complete. Please support your child by encouraging them to form good habits for study which will benefit them in the future.



Merits – 10.01.22 – 13.01.22:

We are incredibly proud of the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week’s merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	2190	7Curie	Neev Collins
Year 8	2359	8Farah	Chloe Edwards
Year 9	1375	9Wollstonecraft	Ellis Thomas
Year 10	1800	10Schumann	Jayden Williams
Year 11	882	11Matisse	Tristan Pembroke

School News:

Extra-Curricular Activities:

This term’s extra-curricular activities are attached to this newsletter. Please encourage your child to join as many clubs as possible. They are a great way to learn new skills and meet new friends.

The majority of our clubs are run within year groups but if your child does attend a club that mixes year groups e.g. school choir, extra covid safety measures will be in place regarding distancing and we would kindly ask that you ensure they complete a Lateral Flow Test in the morning of the day the club is due to take place.

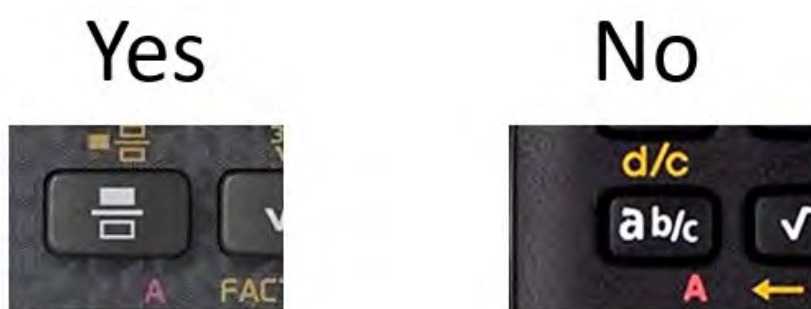


Maths Department:

We have recently completed an audit in Maths and found that not all students have a calculator for their lessons. A calculator is imperative to enable your child to access all of the content of their Maths lessons as we cannot guarantee that the teacher will have a calculator to borrow.

Unfortunately, we are currently unable to sell calculator due to a shortage with our supplier. With this in mind, should you require to buy a calculator for your child, we would highly recommend a Casio FX-83GTX or FX-85GTX.

To identify the correct calculator, you should look for the following fraction button on the left above the digits:



These can be purchased from the following stores:

Amazon - £10.99

E-bay - £8+ (Second hand)

WHSmith - £10.99

Argos - £14.99

CEX - £4 plus postage (Second hand)

Asda - £12

Tesco - £14

Should you have any of these calculators spare, it would be much appreciated if you could donate them to school to be redistributed to other students who may not have the means to purchase them.

English Department:

This week Y9 have been studying Martin Luther King's 'I have a Dream' speech coinciding with Martin Luther King Day which will take place on January 17th 2022. Here is a short poem to commemorate the occasion:

'Choose' by Carl Sandburg

*The single clenched fist lifted and ready,
Or the open asking hand held out and
waiting.*

Choose:

For we meet by one or the other.



Science Competition for Y10 and Y11:

Mrs. Warren has sent the following exciting competition via e-mail to Y10 and Y11. If you decide to enter, contact her and she will guide you with your entry:

The Foreign, Commonwealth & Development Office (FCDO) have launched an economic competition for schools aimed at engaging students on international economic issues and students can win up to £250.

The FCDO is a department of the Government of the United Kingdom, it was created on 2nd September 2020 through the merger of the Foreign & Commonwealth Office and the Department for International Development. They are responsible for the UK's relationship with the rest of the world, they manage the UK's diplomatic relationships, promote UK interest overseas, and oversees the UK's overseas development budget.

This competition aims to get students in years 10-13 (in England and Wales, or the equivalents in Scotland and Northern Ireland) thinking about the big economic challenges facing their generation.

In turn we hope to inspire a new generation of economists who are more diverse and open-minded than the current generation.

To enter the Next Generation Economics competition, students are required to write a letter no longer than 800 words to the FCDO Chief Economist responding to one of the following questions.

1. What economic policies should governments around the world use to economically empower women and girls?
2. What economic policies should the UK government use to facilitate a fair transition away from fossil fuels globally?

Students do not need to study economics! The winner will be announced in March 2022, they will receive £250 and be invited to present their ideas to the Chief Economist and their team at the FCDO. Runners up will also receive a cash prize. The winning letters will be published on the GOV.UK website and shared across the [Government Economic Service](https://www.gov.uk/guidance/fcdo-next-generation-economics-competition). For more information please see below link: - <https://www.gov.uk/guidance/fcdo-next-generation-economics-competition>

Send all entries to NextGenerationEconomics@fcdo.gov.uk by 11:59pm on 18 February 2022.

The competition closes on 18th February 2022. We hope you can be involved!

Rights Respecting Schools – Articles of the week:

Article 7 – birth registration, name, nationality, care

Every child has the right to be registered at birth, to have a name and nationality, and, as far as possible, to know and be cared for by their parents.

Article 8 – protection and preservation of Identity

Every child has the right to an identity. Governments must respect and protect that right, and prevent the child's name, nationality or family relationships from being changed unlawfully.



Even when people's identities are different, we can always find characteristics in common. Even when we have similar identities, we will have something that makes us individual. Our right to a name, a nationality and an identity is something special and should be valued.

Think about what makes you who you are. What are you proud of about yourself? Can you respect and appreciate other people's identity? How might you share this with them? How does respecting different identities make for a better world?

Feeling motivated? Have a go at these activities if you want to earn merits:

- Imagine if the government decided to ignore individual identity and just give everyone a number. Write a letter to protest about this explaining your opinions and feelings.
- Create a piece of art, a poem, a song, or dance to say something about your identity, such as the things you like, you as a person, what you enjoy and where you are from.... express yourself!

Please email joseph.sage@willows.cardiff.sch.uk with your completed work. Thank you

Health and Well-being:

Your exam matters at Willows!

Dr Qashif Anwar will be delivering science revision sessions to year 11



With the spring term in full swing, we hope you have all settled back into your school work routine after a festive-filled break.

GCSE exams will soon be upon us. These are scheduled for the summer term, which may seem a long time away however, now is the time for students to **start thinking, planning and preparing!**

Dr Anwar will be delivering dedicated **science revision sessions for year 11.** These will begin next **Thursday 20th January**, from **15:45 to 16:30**, and **run weekly in room S6.** Each session will provide exam tips and be based around solving a past paper question on a commonly examined topic. Handouts with questions and answers will be provided to all attendees. **Don't miss out and boost your grades!**

Start Date: Thursday 20th January 2022

Time: 15:45 to 16:30

Venue: Room S6

Dr Anwar is always happy to provide guidance. You can find him in the Science Department in room S5 or send your question to qashif.anwar@willows.cardiff.sch.uk.

“You don't have to be great to start, but you have to start to be great.” - Zig Ziglar

Safeguarding:

A reminder that our school safeguarding can be contacted if you have any worries or concerns about a child: Danielle.Mackintosh@Willows.Cardiff.sch.uk

A new service has been launched by the Cardiff Youth Service support young people to flourish and thrive, building on their individual talents, skills and abilities. You can watch the video here:

<https://www.youtube.com/watch?v=HuUfKKWVV6Q>

Cardiff Family Help Team are an early intervention service offering high quality information, advice and assistance to children and young people aged 0 – 18 (and to 25 for vulnerable adults) and their families living in Cardiff.

Child Disability Living Allowance:

Do you need help with a claim for Child Disability Living Allowance?

The Disability Benefits and Appeals Project within Cardiff Council can assist in completing applications for Child Disability Living Allowance and Personal Independence Payments for anyone under 25. In addition to this they assist with Mandatory Reconsiderations and taking appeals to tribunal stage.

You can contact the Project directly on disabilitybenefitsupport@cardiff.gov.uk or 02920 871071.

If you would prefer to be referred for support please contact Sam Watt, Family and Community Engagement Officer on 02922 672744/07592 037937.

Community:

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

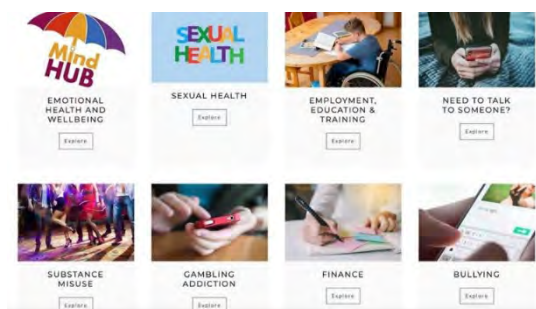
If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:



- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Cardiff and Vale College:

CAVC and Willows are pleased to announce another 10 week KS3 Family Learning course this term.

It is based on brand new topics within KS3 Maths, and we are focussing on Shape, Space and Measure this term including:

- Data collection and display
- Interpreting and understanding data in tables and graphs
- Geometry
- 2D and 3D shapes with formulae

If you would like to enrol for the face to face sessions at Llanrumney Hall you need to email families@cavc.ac.uk
If you would like to take part online, the link to enrol is <https://forms.office.com/r/VuRTgn6YF9>



The course is for adults to learn Key Stage 3 maths skills, it is not extra tuition for children.

Please see attached posters for more information:

HELPING YOUR CHILD WITH KS3 MATHS

Cardiff and Vale College
Colleg Caeorddydd o'r Ffro

FREE COURSE

- Accredited with Agored Cymru

WHEN?

- 10 week course.
- Starting 17/01/2022
- Every Monday morning
- 10am-12pm

Address:
Ulanrumney Hall,
Ball Road,
Ulanrumney,
Cardiff
Wales,
CF3 4JJ

10 week course for **adults** at Ulanrumney Hall

Boost your KS3 maths skills so that you can help support your children.

LIMITED SPACES AVAILABLE
To book a place on the Ulanrumney Hall course :
Email families@cavcac.uk

HELPING YOUR CHILD WITH KS3 MATHS

Cardiff and Vale College
Colleg Caeorddydd o'r Ffro

FREE COURSE

- Accredited with Agored Cymru

WHEN?

- Online 10 week course.
- Starting 17th January 2022
- Flexible and online classes—you choose what suits you.
- Recorded sessions available

10 week online course for **adults**

Boost your KS3 maths skills so that you can help support your children.

To book a place on the **ONLINE** course :
<https://forms.office.com/r/VuRTgn6YF9>

Or scan the QR Code below:

families@cavcac.uk
Twitter: @cavc_fit

Competition Winners:

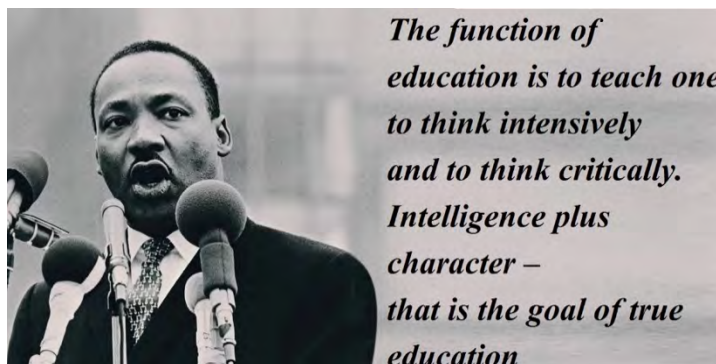
A huge well done to last week's Geography competition winners:

Hope Allen , Kayden Allen, Megan Worthey, Noah Roberts, Yosan Yeibiyo, Aparajita Hota, Raghad Alsamadi and Chinaza Okafor.

Remember to enter this week's quiz for a praise card and a prize.

Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.



A polite reminder that our teachers and Welfare Officers are very busy working with children throughout the day. To avoid disappointment, please ring or e-mail school to book an appointment with the relevant person rather than turning up at school reception.

By working together we can ensure your child's success.

Team Willows

Competition: Can you unravel the words to make the name of an English football team?

Send your correct answers to Mrs. Bubbins via e-mail to receive your praise card and prize:

English Football Teams		
	Anagram	Team
1.	AMY BIRCHING TIM	
2.	DENUDE ISLET	
3.	SYNTHETIC CREAM	
4.	THEN TO MOUTHPARTS	
5.	BURBLER CORKS VAN	
6.	DEFILERS THUD DOWN	
7.	CANNIEST WET DUEL	
8.	NON WORLDBEATERS	



Extra-Curricular Activities – Spring Term 2021- 2022 (1)

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years	9.00 – 9.25 am Free breakfast for all years
	8.30 – 9.15: KS4 Mindfulness Mondays – Practice relaxation techniques such as yoga and meditation – Conference Room	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP / SP	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP / SP	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP / SP	9.30 – 10.00 am PAWB Breakfast Club (registered pupils only) PAWB room – GC / DP / SP
		9.00 – 9.30 am: KS4 Morning Mindfulness (registered pupils only) JS			
Lesson time		10.45 – 12.55 pm: Woodwind lessons (registered pupils only *) PAC	1.00– 3.30 pm: Guitar and Percussion lessons (registered pupils only *) PAC	12.30 – 3.30 pm: Piano and singing lessons (registered pupils only *) PAC	Morning: Violin lessons (registered pupils only) 9.00 – 3.30 pm: Piano and singing (registered pupils only *) PAC
After school	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available.	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available	3.30 – 4.00 pm: Library open for homework OR Drop in to Maths classrooms for Maths help if teacher is available
	3.30 – 4.30 pm: All Year Groups Anime / Manga Club G18 – DS	3.30 – 4.30 pm: Y10 and Y11 Python Club (Registered pupils only) G17 - HAB	3.30 – 4.30 pm: Y10 and Y11 Maths Drop-in Clinic G14 – AL	3.30 – 4.30 pm: Y7, Y8 and Y9 Maths Drop-in Clinic G19 – JKO	
		3.30 – 4.30 pm Welfare Officers' Clubs (Various activities based on pupil voice for all year groups)	3.30 – 4.30 pm: All year Groups Debate Club S9 – NH and CC	3.30 – 4.30 pm Welfare Officers' Clubs (Various activities based on pupil voice for all year groups)	
		3.30 – 4.00pm: Y7 reading intervention groups (registered pupils only) J7 classrooms	3.30 – 4.30 pm: Y9, Y10 and Y11 Art Option Booster Session F2 – AEJ and EJ	3.30 – 4.30 pm: French GCSE Booster Session French rooms – JEB and MV	

*Please see Ms. Windmill-Lewis if you wish to register for singing / instrumental lessons.

*PAWB LGBT Youth Group – A pupil led group for LGBT pupils and allies. For more information e-mail Georgia.Coles-Riley@Willows.cardiff.sch.uk or talk to your Welfare Officer



Extra-Curricular Activities – Spring Term 2021- 2022 (2)

	Monday	Tuesday	Wednesday	Thursday	Friday
After school		3.30 – 4.00 pm: Y8 and Y9 reading intervention group (registered pupils only) English classrooms	3.30 – 4.30pm: Y7, Y8 and Y9 Python Club (Registered pupils only) G15 - RB	3.30 – 4.30 pm: Beauty Club DS – G18	
		3.30 – 4.30 pm: Gamification PAWB rooms KW and MC	3.30 – 4.30pm: All years Choir/ Show rehearsal PAC CWL	3.30 – 4.30 pm: Chess Club AR and BB – F1	
		3.30 – 4.30 pm: French GCSE Booster Session French rooms – JEB and MV	3.30 – 4.30 pm: All year groups Your Space – craft, board games, chat and home-work catch-up PAWB	3.30 – 4.30 pm: All year groups Coursework Club – catch up with coursework in a relaxed and calm environment PAWB	
		3.30 – 4.30 pm: Y10 and Y11 Hospitality and Catering Booster session Catering - RD	3.30 – 4.30pm: All year groups PAWB Sports – All abilities and a relaxed environment	3.30 – 4.30 pm: Y11 Science Revision Science rooms	
		3.30 – 4.30 pm: Y7 Drama Club CWL / ED	3.30 – 4.30 pm: Y7 Young Entrepreneurs Club Library SV		
		3.30 – 4.30 pm: Geography in the News S8 – CT	3.30 – 4.30 pm: Y11 Coursework Catch-up LUW – F4		
		3.30 – 4.30 pm: All year groups Music Club – learn music production, DJing, rock band and more PAWB	3.30 – 4.15 pm: Y7 Drama Club ED - PAC		



PE Department Extra-Curricular Programme Spring Term 2021

Activity	Who	Where	When	Teacher	Other Details
Cheerleading and Acrobatic Gymnastics	Boys and Girls Years 7-11	Gym	Monday 3.30-4.30pm (Starting Monday 24 th January)	Naomi/Candice from AZ Elite	Please bring kit. You will need to complete a LFT on a Sunday as this is a mixed bubble club.
Girls Football	Girls Years 7-11	Barn/Outside weather permitting	Tuesday 3.30-4.30	Miss Moore	Please bring trainers and boots (if you have them).
Indoor Athletics Club	Boys and Girls Year 7&9	Gym/Barn	Thursday 3.30-4.30pm	Miss Moore	Bring your kit and trainers. Activities will include: Speed Bounce, Standing Long Jump, Standing Triple Jump, Shot Putt and Running Races. U13 Competitions are being held at Whitchurch High School on: U13 Boys Tuesday 15 th Feb 3-6pm U13 Girls Thursday 17 th Feb 3-6pm
Year 9 Boys Football	Year 9 Boys Rugby	Pitch (barn in bad weather)	Tuesday Week 1 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
Year 9 Boys Rugby	Year 9 Boys Football	Pitch (barn in bad weather)	Tuesday Week 2 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
KS4 Boys Sports Club	Year 10 & 11 Boys	Barn & Gym	Wednesday 3.30-4.30	Mr Roberts	Bring your kit and trainers. Variety of activities (football, basketball, volleyball)
Year 7 & 8 Boys Football	Year 7 & 8 Boys	Pitch (barn in bad weather)	Thursday Week 1 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
Year 7 & 8 Boys Rugby	Year 7 & 8 Boys	Pitch (barn in bad weather)	Thursday Week 2 3.30-4.30	Mr Sage	Bring your kit and boots Fixtures against other schools - To Be Confirmed
Staff Football Club	All Staff	Barn	Tuesday 3.30-4.30	Mr J Smith	Bring your kit, trainers and shin pads