 Use Google Translate to change to your preferred language.

BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

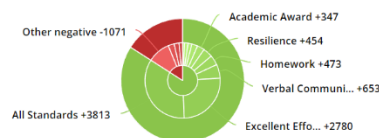
Weekly Newsletter – 01.04.22

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Community:

We were delighted to welcome back community groups and parents to our Learning Lounge this week. Please keep an eye on our social media for upcoming classes and events. We are very proud of our pupils' achievements – a special mention to Year 11 for their entrepreneurial skills in raising funds for their prom. We wish our Muslim families a happy and peaceful month of Ramadan.

Breakdown of the Week
27/03/2022 - 31/03/2022



Merits – 25.03.22 – 31.03.22:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	2383	7Curie	Antonio Ashton
Year 8	2241	8McArthur	Lochlan Taylor
Year 9	1561	9Wollstonecraft	Gabriel Lima and Sahand Mohammed
Year 10	1707	10Mozart	Shaida Tufiq
Year 11	1346	11Matisse	Amy Dang and Benitto Tsohuka

School News:

Science:

Year 8 Science:

Over the past week all of Year 8 have been lucky enough to have lessons from lecturers and students from the University of Cardiff, Chemistry Department. They brought with them molymods for making chemical models and plenty of equipment to carry out practical lessons. Pupils had lots of fun learning about Combustion, gathering data and watching live graphs form in front of them electronically. We are looking forward to welcoming the Uni Team again next term for more lessons.



MAT Seren Conference: This week saw the launch of the first Seren Foundation Conference online and pupils from years 8-10 all enjoyed their experiences. Year 8 and 9 had lectures and masterclasses about 'What University is' and why they should go. They then looked at The Big Q: What is memory and do our memories matter?

Year 10 and 11 had advice and guidance on routes to University and A level choices and their Big Q was 'Can we trust our memories?' If you are a MAT or Seren pupil, please check your inbox regularly for information from Mrs Warren about upcoming events.

Year 11 Cake Sale:

This week, Year 11 raised over £150 towards their prom by holding a whole school bake sale. Ms. Cherrett is very proud of all of the pupils that took part. Keep up the excellent fundraising!

Near Peer Coaching:

On Wednesday and Thursday, 30 Y8 volunteers took part in 'Near Peer' coaching training with the brilliant Kantz Misra from Elevate. The pupils learnt a host of communication skills including displaying empathy, conversation starters and active listening. The pupils will use these newfound skills with Y5's in our cluster primaries to ensure a successful transition. Da iawn, pawb – we are very proud of you!



Young Entrepreneurs:

This term the Young Entrepreneurs have raised a humongous amount of money by selling cakes and treats across the school. Monies raised will go to causes important to them and the Willows' community. They are planning to run even bigger events using the entrepreneurial skills they've acquired – we can't wait!



Health and Well-being:

Sleep Management:

This week, parents attended a 'Managing your Child's Sleep' workshop in school. Lots of really interesting information and useful tips from Kate and Dylan at Contact Cymru.

New online safety advice for children and young people:

To ensure that children and young people are supported to have positive online experiences, the Welsh Government has launched a new 'Online issues and worries' area on Hwb. This area includes information and advice on 10 different online safety topics, including online bullying, sharing nudes and online gaming. The advice pages offer children and young people important information and guidance on what to do and where to turn for help if they are worried about something online.



Safeguarding:

A reminder that our school safeguarding can be contacted if you have any worries or concerns about a child:

Danielle.Mackintosh@Willows.Cardiff.sch.uk

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Willows Uniform Exchange:

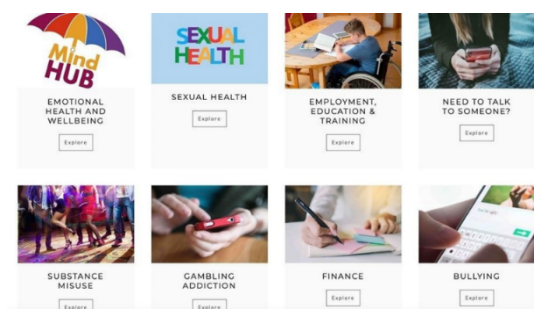
A reminder to donate any spare Willows uniform to our uniform exchange run by Ms. Watt in our Learning Lounge. We particularly need spare Willows PE tops. If you have any at home that have gone too small, please bring them in to benefit others. Likewise, if your child needs any pre-owned uniform, ask them to speak to their Welfare Officer and we will arrange this for them.

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:



- **School nurse** – pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we'll do our best to help.

Community:

Thank you to the 'Tremorfa Hookers' and everyone who attended crochet club this week. A good time was had by all!

Sign up now for the Thrifty Gardening Taster session, Tuesday April 26th 5-7pm, by emailing Samantha.watt@willows.cardiff.sch.uk

Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

A polite reminder that our teachers and Welfare Officers are very busy working with children throughout the day. To avoid disappointment, please ring or e-mail school to book an appointment with the relevant person rather than turning up at school reception.

By working together, we can ensure your child's success.



Team Willows

Quiz:

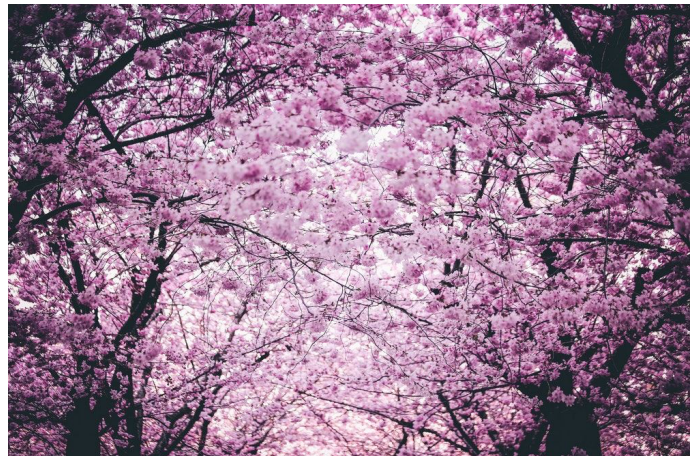
Last week's Quiz Super-stars were; [Kayden Allen](#), [Hope Allen](#), [Noah Roberts](#), [Halsho Mohammed](#), [Aparajita Hota](#) and [Youseff El Refaei](#) – Da iawn! Take part in this week's quiz for your praise card and prize!

Spring Time!

Spring is a wonderful time of the year when everything comes to life again after a long and cold winter. To celebrate it, here is a spring based quiz:

1. Which of the following does not happen in spring?

- A. Days become longer
- B. Blossom appears on some plants
- C. Temperatures start to decrease



2. When does spring begin in the northern hemisphere of the Earth?

- A. January
- B. February
- C. March

3. When does spring begin in the southern hemisphere of the Earth?

- A. August
- B. September
- C. November

4. Which of the following events does not take place in spring?

- A. April Fool's Day
- B. Easter
- C. New Year's Eve

5. Which of the following statements is true about the length of days and nights in spring?

- A. Days are longer than nights
- B. Nights are longer than days
- C. Days and nights are equally long

6. In Greek mythology, who is the goddess of spring and nature?

- A. Aphrodite
- B. Persephone
- C. Eris

