 Use Google Translate to change to your preferred language.

BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

Weekly Newsletter – 21.07.22

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Belong, Believe, Achieve:

It is the end of another busy, successful academic year at Willows High School. We have been particularly proud of our pupils for their resilience and determination in getting back to school life after the disruptions of the pandemic. We wish our families and community and relaxing summer holiday. A reminder that our school safeguarding lead can be contacted during the holidays if you have any worries or concerns about a child: Danielle.Mackintosh@Willows.Cardiff.sch.uk. GCSE Results Day for Year 10 and Year 11 pupils will take place on **Thursday August 25th2022**. Y11 pupils should arrive at 10 am and Year 10 pupils at 10.30 am to collect their results. We look forward to celebrating in their successes.

Breakdown of the Week
17/07/2022 - 21/07/2022



Merits – 15.07.22 – 20.07.22:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

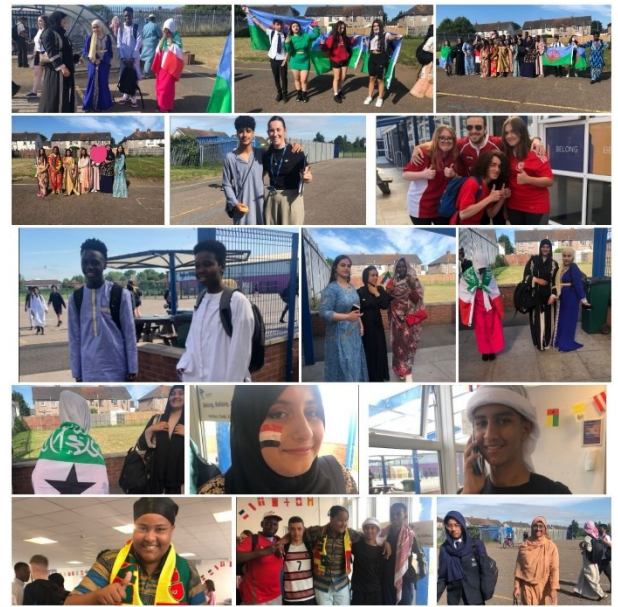
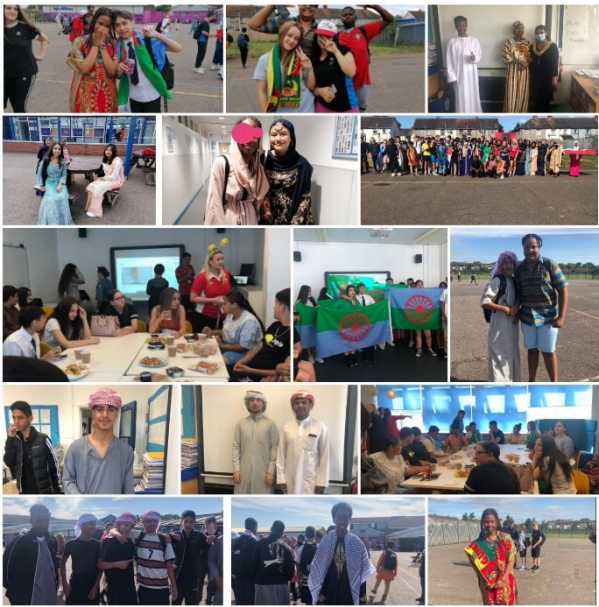
Year Group	Total	Excellent Effort	Merit Champions
Year 7	628	7Curie	Jessica Gauder and Kiana Nikoonamrad
Year 8	583	8Farah	Samuel Nicolau
Year 9	182	9De Beauvoir	Saliu Susso
Year 10	542	10Schumann	Bassam Saleh and Daniella Nakazzi
Year 11	/	/	/

School News:

Cultural Heritage Day:

We hosted our first Cultural Heritage Day last Friday. Our pupils attended school in traditional dress and experienced food and music from other cultures. It was a real privilege to learn about our pupils' heritage. A special thanks to Miss. Amos and her team and to our Czech-Roma band for their excellent entertainment! We look forward to more events like this in the future. Da iawn, pawb!





Sports Day 2022:

Final Report and Scores:

Over the last few weeks we have hosted our school Sports' Competition. Here is a report on the track and field events.

Highlight of the Throws:

Rhianna Jones got Year 10 off to a winning start in the discus with a massive throw of 17.08 metres.

There was a very competitive Year 9 and Year 10 boys discus competition with Ethan Hooper-Adams (Year 9) narrowly beating Kayal Rowe (Year 10) to pick up valuable points for their teams.

There was an exciting lower school girls' discus competition with the lead constantly changing each round of throws and with her final throw Tianna Gordon snatched the win from Sienna Robinson. Both girls are in Year 7 and have a promising athletics career ahead.

The lower school boys' discus competition was won convincingly by Year 8, Rahman.

In the shot there were strong wins for lower school athletes, Gertrude Tsohuka (Year 7) and Ahmad El Haj Moussa (Year 8).

Enya Donovan-Males showed of her power and athleticism to take the upper school girls' competition. The Year 9 and 10 boys' shot putt was a close encounter with Bassam Saleh (Year 10) winning on count back from Callum James-Scott who will be someone to look out for next year.

The Year 10 throwers took both upper school javelin competitions with victories for Cadisha Sumare and Tobi Bamidele.

The lower school girls' javelin was won by Zahra Albadr (Year 7) and Oshai Sutton (Year 7) beat his nearest competitor by over 3metres.

After a morning of pushing, pulling and slinging implements the scores were.....

Lower School Competition:

Year 7: 122 points

Versus

Year 8: 122 points

Upper School Competition:

Year 9: 96 points

Versus

Year 10: 144 points

Highlight of the Jumps:

Going into the afternoon, the lower school competition could not have been closer and Year 9 needed some big wins in the jumps.

The lower school standing long jump champions for 2022 are Hollie-Mai McMullen and Nathan Mba-Aba both in Year 8 who showed great explosive power.

After a victorious discus, Rhianna Jones (Year 10) pulled off a second win of the day in the standing long jump and Oskars Vikis became the upper school boys' champion with a jump of 2.44 metres.

Standing Triple Jump proved quite a challenge for some athletes but Gracie Furnish used her poise and rhythm to win the lower school girls' competition with a jump of 6.64 metres. The lower school boys' competition saw twins Souhibe and Omar (year 7) battle it out with Omar coming out on top.

In the upper school, boys' standing triple jump Suhas Majjara (Year 9) showed excellent co-ordination required to link the three phases to become 2022 champion by beating the year 10 athletes. For her third win of the day Rhianna Jones hopped, skipped and jumped to victory.

Using her height to great advantage Erin Rees (Year 7) won the lower school girls' high jump and Franz Salomero snatched victory on count back from Juraid Ali who are both in Year 8, we look forward to many more exciting battles in the coming years.

Chloe Walter (Year 10) showed her class to win the upper school girls' high jump. There was an exciting end to the day with Seif Jawad (Year 9) and Bassam Saleh (Year 10) battling it out to become 2022 High Jump Champion. Both boys pushed each other to greater heights with Seif finally winning on count back.

So, after a day of field events the running scores were ...

Lower School Competition:

Year 7: 262 points

Versus

Year 8: 216 points



Upper School Competition:

Year 9: 196 points

Versus

Year 10: 286 points

It was all to play for on Thursday 14th July when the sprinters and endurance athletes took to the track ... Who would be 2022 Champions?

Track Events:

The track events started with a bang, the 100m being the first race. Miracle Oladoyinbo (Year 8) powered down the track to take the first race. The year 9 sprinters dominated the upper school races with Ashley Cossa and Jamie-Leigh Mathias-Dale proving too quick for the rest of the field.

After a blistering start to the track session came the more controlled endurance event – The 800m. Lili Williams (Year 7) ran an even paced race to win the lower school competition and Paige Morgan Rose (Year 10) used her experience to win the upper school race. In the boys' middle distance Ahmed Obaed (year 8) proved too strong for the rest of the athletes. In the upper school boys' 800 metres Kaylum Lee (Year 10) kept his composure and ignored the intense pace set by the other athletes at the start of the race. Kaylum kept a smooth steady pace to take the win as he slowly went past the other runners one by one who were clearly suffering from starting too quickly.

Then it was back to the longer sprint, the 200 metres. In all four races the younger athletes proved too quick for their older competitors. Chloe Williams (Year 7) and Raifa Said (Year 9) won the girls races and Omar Elgbaily (Year 7) and Seif Jaward (Year 9) won the boys races.

Sports Day 2022 culminated with the relays which is crowd favourite. In the lower school girls race year 7's proved too sleek for the year 8 team and in the boys' race year 8 were victorious. The upper school boy race was very competitive with Year 10 taking the win over Year 9.

After two days off competition the final scores were:

Year 7 versus Year 8:

1st Year 7 386 Points

2nd Year 8 332 Points

Year 9 versus Year 10:

1st Year 10 346 Points

2nd Year 9 326 Points

Congratulations to the 2022 Sports Day Champions – Year 7 and Year 10!



Year 10 Careers Carousel:

Willows recently hosted a careers carousel for Year 10 pupils. Different industries were invited into school to talk to the pupils about their profession and the various skills they would need to be successful both in school and in employment. The employers in attendance were:

- Cardiff and Vale Health Board Taylor Wimpey
- Starling Bank
- Martin Prowel Solicitors

All of the sessions were really interesting as they gave the pupils an insight into various occupations and what it takes to succeed in those areas.



Literacy at Willows this Year:

This year has been particularly successful for our pupils. Not only did our Debate Club members win the prestigious Debate Mate National Cup, but two of our Y11 pupils even made it to the Dubai Expo (sharing their expertise with other young people from around the UK, various dignitaries and even Prince William)! Just last week, our Y7 Creative Writers were applauded for their wonderful work and deportment at their graduation ceremony at Cardiff Metropolitan University; moreover, a group of Y9 pupils were praised for their performance in a mock trial led by the Law firm Martyn Prowell Solicitors. So impressed were the firm that they have been invited to visit the company and potentially sit in on a real trial in the new school year!

It has been a super year for developing our 'Cultural Capital' too. A group of Y7, Y9 and Y10 reading enthusiasts were taken to the Hay Festival and were delighted to get their books signed by the visiting authors. In March, all of Y8 were treated to a fantastic performance of Shakespeare's Macbeth by Quantum Theatre. They were particularly dazzled by the stage craft and were delighted to be allowed to hold the props and be given a tutorial in stage fighting by the cast, who were equally delighted by the fantastic behaviour and attitude of our young people. Y9 had a similarly exciting experience watching Quantum's A Christmas Carol before Christmas – a super impressive 'three-hander'. All of our pupils conducted themselves with the utmost respect and decorum, showing our visitors what fine young people they are.



Perhaps most satisfying of all (because it has affected all our pupils) has been the great success of our Academic Vocabulary Bees on the back of our Tutor Time Reading Programme. During morning Tutor Time, all our pupils have read three whole books, exposing them to a potential 150 new Tier Two ('academic') words this year alone. They have been self-quizzing those words to help them 'stick', culminating in the termly Bee. The Bees have become highly competitive, with Y9's running considerably over time with an

additional 5 bonus round questions to break the scoring deadlock! Our motto is 'Words Give US Power' and we've certainly seen some powerful young people walking away with lots of Golden Tickets and Amazon Vouchers. You can help your child to be more powerful by quizzing them on their words over the summer holiday too. Also, look out for a whole new set of words in their self-quizzing books next term.

We look forward to an even more Willows-tastic 2022-2023!

Young Entrepreneurs Club:

The Young Entrepreneurs have held their last event of the year, selling an assortment of goodies to students raising money for Cardiff Mind. They have raised £50 for the charity. Mr. Varia would also like to thank all the Young Entrepreneurs for their effort and congratulate them on how much they achieved and how much they have grown this year.

School Consultation:

A pre-planning consultation has been launched on the relocation of our school. Details can be found here: [Willows High School, Lewis Road, Splott \(asbriplanning.co.uk\)](http://Willows High School, Lewis Road, Splott (asbriplanning.co.uk))

Community:

Street Food Project:

Huge congratulation to Camron in year 11. Camron has been taking part in a Street Food Project in school over the past few months. Jason from 'Struggles to Smiles' was so impressed with Camron's dedication and cooking skills, Camron starts training at Jason's new Barry premises over the Summer. The idea is for Camron to attend Cardiff and Vale College to gain a qualification whilst working for the company!



A reminder that some of our pupils will be cooking with Jason at the Community Event in Splott Park on July 28th.



Kane's Book Drive Success:

We are incredibly proud of the work of Tremorfa Pantry especially our Y7 pupil, Kane Williams who managed to collect enough book donations for all local schools. This week, Kane helped distribute the books to the pupils in our school. It was a pleasure to see the joy on their faces! We hope that our pupils enjoy their summer time reading and once again, a big thanks to Kane and the Pantry for this wonderful initiative!



Cardiff Summer Reading Challenge:

The Summer Reading Challenge has been launched by Cardiff Libraries entitled ‘ ‘Gadgeteers.’ We would like to encourage as many of our pupils as possible to take part to improve their literacy and enjoy new stories! More details can be found here: [Homepage](#) | [Cardiff Hubs : Cardiff Hubs](#)

Transport for Wales:

‘Transport for Wales’ have announced that all refugees can travel for free on their services. More information can be found here; [Free travel for refugees](#) | [TfW](#)

Health and Wellbeing:

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Diolch:

We would like to give a huge thank you to all of our staff, especially those that are leaving us this year. We wish our fabulous teaching assistants Mr. Harthill, Mr. Varia, Ms. Barallon, Ms. Cavus and Mr. Richardson all the best in their new ventures. We are grateful for everything you have done to support individual and small groups of pupils. Best of wishes to our NQT teachers who are now fully qualified and off to new positions, Ms. Townsend, Ms. Martin, Mr. Robertson and Dr. Anwar. We also wish Mr. Davison well as he leaves us after three years to return home to England. Last but not least, we would like to wish all the best to our very own iron-man, Mr. Sage who takes on a new challenge at Cathays. You will all be missed!

Congratulations to Ms. Crowley on the birth of her baby boy this week and we wish Ms. Sansom all the best with her maternity leave which starts this summer.

We would like to make pupils and parents aware that our Welfare Officers will be known as Head of Year from September.

A reminder of our dates and times for September:

Monday 5th September: INSET Day

Tuesday 6th September: New Year 7 only in school

Wednesday 7th September: All return to school

When we return after the summer break the timings of the school day will have changed. School will start at 9.00am and finish at 3.10pm. Please ensure that your child arrives on the yard in plenty of time, so they can have a piece of toast and a drink before moving to their Line-Up.

Please ensure that you are aware of our expectations at Willows High School by reading through our Parent Handbook for 2022-2023 which is available on our website. The direct link is www.willowshigh.co.uk/parenthandbook.

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

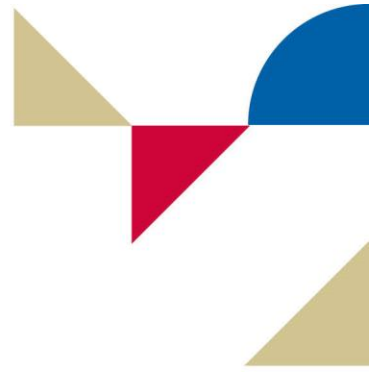
By working together we can ensure your child's success. Enjoy your summer!

TEAM WILLOWS





Education is for all
outreach
allgymorth
Mae addysg i bawb



Invitation to Cardiff Parent Power Visit to Cardiff University

Dear Parent/Carer,

On behalf of Cardiff Parent Power, we would like to invite you to our campus visit to Cardiff University:

Date: Saturday 10th September
Time: 10:00-16:00
Location: Cardiff University

This is an opportunity for you and your young person to:

- Experience a campus tour of Cardiff University
- Learn about student life
- Find out about university courses
- Attend a Cardiff Parent Power meeting

If you would like to attend the campus visit, please complete this sign-up form by **Friday 29th July**: <https://forms.office.com/r/4aGC9edNqQ>.

If you have any further questions, please contact us at parentpowercardiff@thebrilliantclub.org.

We look forward to meeting you.

Kind regards,

Cardiff Parent Power
Cardiff University
The Brilliant Club



These free sessions are for the people of Splott, Tremorfa and Adamsdown, asylum seekers, refugees and those in supported accommodation are also welcome.

Children must be accompanied by somebody over 14 years old for all sessions, except Holiday Circus Clubs.

For the 3-part sessions, you will need to join us for all three sessions. You can only book onto one of the costume making workshop series. You can only book one week of Holiday Circus Club.



nofitstate
community

FREE!

Summer Fun

get ready for

Clifton Street Festival

Sunday 28 August

More info and to book:



nofitstate.org/summer

+44 (0) 7500 970 567



Registered Company Number: 3180348

Photography by: Paul Hamlet, @ineptgravity

Registered Charity Number: 1102850

FREE!

Sessions you need to book

Summer Holiday Circus Clubs ★

NoFit State, Four Elms Road

Two 3-day clubs, 10am-2pm

Week 1: Mon 8, Tue 9, Wed 10 Aug

Week 2: Mon 15, Tue 16, Wed 17 Aug

3-DAY CLUBS

5-14 YEAR OLDS



African Tie-Dye Costume ★

NoFit State, Four Elms Road

Wed 27 July, 11am-3pm

Thu 28 July, 11am-3pm

Fri 29 July, 11am-3pm

3-DAY COURSE

FAMILIES



Costume Making: Gems/Metals

NoFit State, Four Elms Road

Thu 11 August, 10am-1pm

Thu 18 August, 10am-1pm

Thu 25 August, 10am-1pm

3 MORNINGS

EVERYONE



Costume Making: Solar System

NoFit State, Four Elms Road

Thu 11 August, 2pm-5pm

Thu 18 August, 2pm-5pm

Thu 25 August, 2pm-5pm

3 AFTERNOONS

EVERYONE



★ Lunch provided!

FREE!

Walk In Workshops

JULY

Sun 24 Jul	Circus in the Park	Brewery Park, 2pm-4pm
Thu 28 Jul	Street Circus (ages 13-17)	NoFit State, 2:30pm-4pm
Sat 30 Jul	Saturday Circus Taster ★	NoFit State, 10:30am-1pm
Sat 30 Jul	Drumming with UpBeat Music	NoFit State, 1pm-2pm
Sun 31 Jul	Circus in the Park	Brewery Park, 2pm-4pm

AUGUST

Thu 4 Aug	Street Circus (ages 13-17)	NoFit State, 2:30pm-4pm
Sun 7 Aug	Circus in the Park	Brewery Park, 2pm-4pm
Thu 11 Aug	Street Circus (ages 13-17)	NoFit State, 2:30pm-4pm
Sun 14 Aug	Circus in the Park	Brewery Park, 2pm-4pm
Mon 15 Aug	Create Parade Accessories	NoFit State, 2:30pm-4:30pm
Tue 16 Aug	Create Parade Accessories	NoFit State, 2:30pm-4:30pm
Wed 17 Aug	Create Parade Accessories	NoFit State, 2:30pm-4:30pm
Thu 18 Aug	Create Parade Accessories	NoFit State, 10:30am-12:30pm
Thu 18 Aug	Create Parade Accessories	NoFit State, 2:30pm-4:30pm
Thu 18 Aug	Street Circus (ages 13-17)	NoFit State, 2:30pm-4pm
Fri 19 Aug	Create Parade Accessories	NoFit State, 10:30am-12:30pm
Fri 19 Aug	Create Parade Accessories	NoFit State, 2:30pm-4:30pm
Sun 21 Aug	Circus in the Park	Brewery Park, 2pm-4pm
Thu 25 Aug	Parade Percussion with UpBeat	NoFit State, 10am-12pm
Thu 25 Aug	Street Circus (ages 13-17)	NoFit State, 2:30pm-4pm
All leading up to...		
Sun 28 Aug	CLIFTON STREET FESTIVAL	Clifton Street, all day



SUMMER COMMUNITY ENGAGEMENT DAYS



Join us to meet the Council and partner teams delivering services in your area including our Wellbeing team, Youth services, Digital Support, South Wales Police, South Wales Fire and Rescue, Welsh Ambulance Service, Cardiff Cares Academy and more

Wednesday August 3, 11am - 3pm Grangetown Pavilion
Wednesday August 10, 11am - 3pm Ely and Caerau Hub
Thursday August 18, 11am - 3pm St Mellons Hub
Wednesday August 24, 1pm - 5pm STAR Hub

- Face painting
- Children's entertainer
- Smoothy bike
- Flower crafts
- Arts & crafts
- Refreshments





DIWRNODAU

YMGYSYLLTU Â'R HAF GYMUNEDYR



Ymunwch â ni i gwrdd â'r Cyngor a thimau partner sy'n darparu gwasanaethau yn eich ardal gan gynnwys ein tîm Lles, Gwasanaethau Ieuencid, Cymorth Digidol, Heddlu De Cymru, Tân ac Achub De Cymru, Gwasanaeth Ambiwlans Cymru, Academi Gofal Caerdydd a mwyr

Dydd Mercher Awst 3, 11 am - 3pm

Dydd Mercher 10 Awst, 11 am - 3pm

Dydd Iau 18 Awst, 11 am - 3pm

Dydd Mercher 24 Awst, 1pm - 5pm

Pafiliwn Grangetown

Hyb Trelái a Chaerau

Hyb Llaineirwg

Hyb STAR

- Paentio wynebau
- Diddanwr plant
- Beic smwddi
- Crefftau blodau
- Celf a Chrefft
- Lluniaeth



DYSGU I OEDOLION
ADULT LEARNING

