 Use Google Translate to change to your preferred language.

**BELONG, believe, ACHIEVE**  
**PERTHYN, CREDU, LLWYDDO**

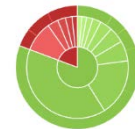
**Weekly Newsletter – 08.07.22**

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

**Achieve:**

It has been another busy week at Willows High School! We have provided a variety of workshops for all year groups ranging from STEM to Street Food! By providing these enriching experiences we hope to foster pupils' love for learning and help them find their future career. Please talk to your child about their future aspirations and encourage them to work hard to make this a reality.

Breakdown of the Week  
03/07/2022 - 08/07/2022



**Merits – 01.07.22 – 07.07.22:**

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	1536	7Goodall	Holly Doran
Year 8	1569	8Markova	Natalie Kubickova
Year 9	911	9Cavendish	Mhamad Rahim and Mohammad Rasool
Year 10	1048	10Novello	Mazen Milhem
Year 11	/	/	/

**School News:**

**Technology Department:**

Another successful street food cooking session was held this week. Watch out for our very talented street food chefs cooking up a treat at the Summer Community Event in Splott Park on July 28<sup>th</sup>. Da iawn, pawb!



### **ConnectED Cymru Event:**

We were delighted to host ConnectEd Cymru's 'Summer Ambitions' Event for Year 10 pupils across South Wales on Wednesday night. Pupils met with many external organisations such as 'Skills Builder,' 'First Campus,' 'University of South Wales,' 'Atlantic College' and 'STEM Ambassadors.' It was a very successful evening and our Y10's really impressed the agencies they worked with. Many of them have been inspired to attend university or to try to gain sponsorship for Atlantic College. We wish them every success in their endeavours and will continue to support them on their journeys!



### **One Million Mentors:**

Our final 'One Million Mentors' session of this academic year took place on Wednesday afternoon. Our Year 10 pupils are partnered with mentors from a variety of companies such as the BBC, Willmott Dixon, Museum of Wales and Sports Wales as well as a variety of independent companies. Pupils have discussed their short and long term goals, aspirations and have devised action plans for achieving these. We would like to thank all of our mentors for dedicating their time this year and we look forward to continuing the pairings into Year 11.



### **Social Enterprise Club:**

SECWillows are now closing the doors for another successful and more importantly profitable school year.

We began at Christmas selling our trees, snowmen and reindeer as well as our infamous lamps. We moved onto our button pictures which can still be ordered and we finished the year with our decking garden planters.

We have had three television appearances and numerous mentions across most forms of social media.

We have set up new departments in the form of the 'Carly Collection' making handmade jewellery and will be introducing 'Knits and Knots by Nuria' where students can make and sell crochet products. As always, 100% of profits goes to the makers. These two clubs are completely run by the students and are not just an opportunity to make products but also gives the students a safe environment to sit, chat and generally unwind.

We would like to take this opportunity to thank our customers for their support and kind words. Thanks to them, they enabled us to achieve a total annual turnover of £3,380 with an outstanding profit of £1,250 shared between 25 students.

We look forward to your future custom and remember, all of our products can be ordered via [www.secwillows.co.uk](http://www.secwillows.co.uk), through our Facebook group secwillows or by emailing us at [sec@willows.cardiff.sch.uk](mailto:sec@willows.cardiff.sch.uk)



### **STEM – Year 7 Wind Turbines Project:**

Vince, Hannah and Stephen from the 'Engineering Education Scheme Wales' along with Dave from AECOM and Jess from Kier construction came to school to work with all of our Year 7 students on a renewable energy project. Pupils were split into teams consisting of an Electrical Engineer, Mechanical Engineer and Project

Manager. Their task was to build mini wind turbines strong enough to provide the required volts to charge a mobile phone.

Our engineers of the future were able to interpret the partial instructions given to them to construct fully functioning wind turbines. All students thoroughly enjoyed themselves whilst learning the impact of climate change, the effect of global population increases and acknowledging that they are the future who will be required to deal with the effects caused by generations before them.



### **Bar Mock Trial:**

Abigail Jones from 'Martyn Prowell Solicitors' came to talk to our debate club; plus, some extra year nines who have an interest in law. Our pupils were extremely enthusiastic and asked some fantastic and thought-provoking questions. They were then split into teams, and each given a role for our 'mock trial' event which takes place on Friday 15th July. Each pupil must prepare statements and questions for witnesses. The learning lounge will be set up like a real court room ready for the event!



### **Cyrraedd Class News:**

Talal, Pashew and Ali (from our KS4 provision) visited Cambrian Wildwoods in Mid-Wales for a residential trip last week. This was organised by TGP, the refugee charity. The boys had a great time learning about outdoor survival. Several other refugees and asylum seeking pupils from other schools in Cardiff visited too and it is hoped that a strong network of new friends will be formed for the future.

### **The Young Entrepreneurs Club:**

The Young Entrepreneurs are back! This time, throwing a party for the Year 7 cohort. To celebrate their first year in Willows High, there will be a party on Wednesday 13th July from 3.30pm afterschool in the theatre. There will be free carnival games, sweets and chocolates to buy and an assortment of trinkets such as stickers and badges made by the YE club. We can't wait to see the Years 7 there!

### **Poetry Diversity Workshop:**

Year 9 pupils participated in a Culture and Diversity poetry workshop with Connor (the Welsh Poet Laureate for young people) and Duke, a spoken word performer. We all thoroughly enjoyed writing poems and discussing current issues that affect young people. A lot of us have now been inspired to write our own poetry. We have included some of the excellent poems at the end of the newsletter for you to enjoy.



### **Mr Sage is 'facing the Dragon' at Ironman Wales!**

Ironman Wales is less than 10 weeks away and Mr Sage will be 'facing the Dragon' in this world-famous triathlon. An Ironman triathlon consists of a 2.4 mile open water swim, a 112 mile bike ride and finishes with a 26.2 mile (marathon) run. All of this has to be done on the same day!

Mr Sage is raising money for Place2Be because he wants to raise awareness about mental health and break the stigma that surrounds it. He is hoping to prove to himself and others that anything is possible and maybe even inspire some Willows pupils (and staff) to do the same in the future...

All donations would be gratefully received and will ensure that Place2Be continue to help support young people with their mental health. The link is:



[https://www.justgiving.com/fundraising/Joe-Sage3?utm\\_source=Sharethis&utm\\_medium=fundraising&utm\\_content=Joe-Sage3&utm\\_campaign=pfp-email&utm\\_term=87bdd25f1a4f416b9d6dcc6af77fe800](https://www.justgiving.com/fundraising/Joe-Sage3?utm_source=Sharethis&utm_medium=fundraising&utm_content=Joe-Sage3&utm_campaign=pfp-email&utm_term=87bdd25f1a4f416b9d6dcc6af77fe800)

### **PE Kit:**

A reminder that we will need your full support on this if we are to keep or non-changing system next academic year. The rules are outlined below:

- All pupils to wear the blue and black **Willows branded PE Top** either the round neck or V neck version is permitted. Pupils are allowed to wear a black base layer underneath if they wish to cover their arms.
- Only **black Bottoms** are allowed – shorts, sports leggings or tracksuit bottoms (see photographs). Shorts must be of an acceptable length, just above the knee is acceptable.
- Trainers preferable black.
- Any brand logos must be hidden, small or discrete e.g. under 3cms in size such a small Nike tick.
- During cold weather a plain black hoody which follows the branding guidelines above is allowed.
- The PE department will inform pupils if / when specialist equipment is needed e.g. football boots.

### **PE Top Appeal:**

We currently have a shortage of PE tops in our uniform donation shop. If you have any spare PE tops that your child has outgrown, please ask them to take them to Miss. Watt in the Learning Lounge so that we can help families in our community.



### **Community:**

#### **Cardiff Influencers Programme 2022**

Cardiff



Council are very excited to announce the Cardiff Influencers Programme 2022. This is a unique opportunity designed to enable Young People aged 13-14 to become directly involved in shaping strategy and influence how the Council will invest millions of pounds in education across the capital of Wales over the next 10 years.

The link for pupils to express interest can be found [here](#) and School Organisation Planning team will be in touch with pupils and parents directly.

They are hoping to have representation from all schools across Cardiff and it would be great to have a strong showing from pupils at Willows.

### **English for Speakers of Other Languages (ESOL) Classes:**

Would you like to find out more about ESOL classes in your area?

Matthew Woods, the the ESOL co-ordinator for Wales, will be in Willows High School Learning Lounge **5pm Thursday 14<sup>th</sup> July**. There will be a short presentation and help to access ESOL classes.

Please call Sam Watt 02920 414243 or text 07592 037937 if you have any questions. Please feel free to turn up. No booking required.

### **Transport for Wales:**

'Transport for Wales' have announced that all refugees can travel for free on their services. More information can be found here; [Free travel for refugees | TfW](#)

### **Better Gyms:**

'Better Gyms Cardiff' are also offering a free 3-month pass for asylum seekers and refugees. Star Hwb, in Splott, is just one of the gyms offering this. Anyone interested who qualifies, can e-mail [supportedmembership@gll.org](mailto:supportedmembership@gll.org) for more details.

### **Safeguarding:**

A reminder that our school safeguarding can be contacted if you have any worries or concerns about a child: [Danielle.Mackintosh@Willows.Cardiff.sch.uk](mailto:Danielle.Mackintosh@Willows.Cardiff.sch.uk)

### **Cardiff Foodbank:**

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

### **Citizen's Advice Bureau at Willows:**

A reminder that the Citizen's Advice Bureau (CAB) is in Willows every other Monday. CAB can help with all sorts of issues such as benefit claims/checks, PIP claims, housing, employment issues, debt advice, divorce and other problems.

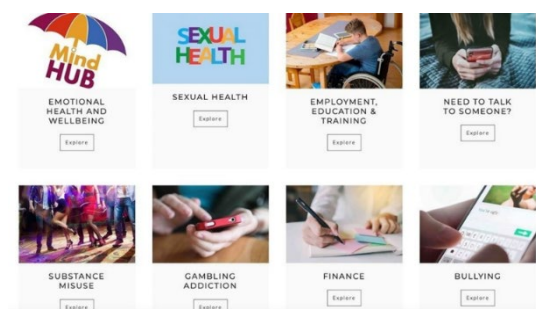
To make an appointment, please contact [Samantha.watt@willows.cardiff.sch.uk](mailto:Samantha.watt@willows.cardiff.sch.uk) or 07592 037937.

### **Cardiff Youth Service:**

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

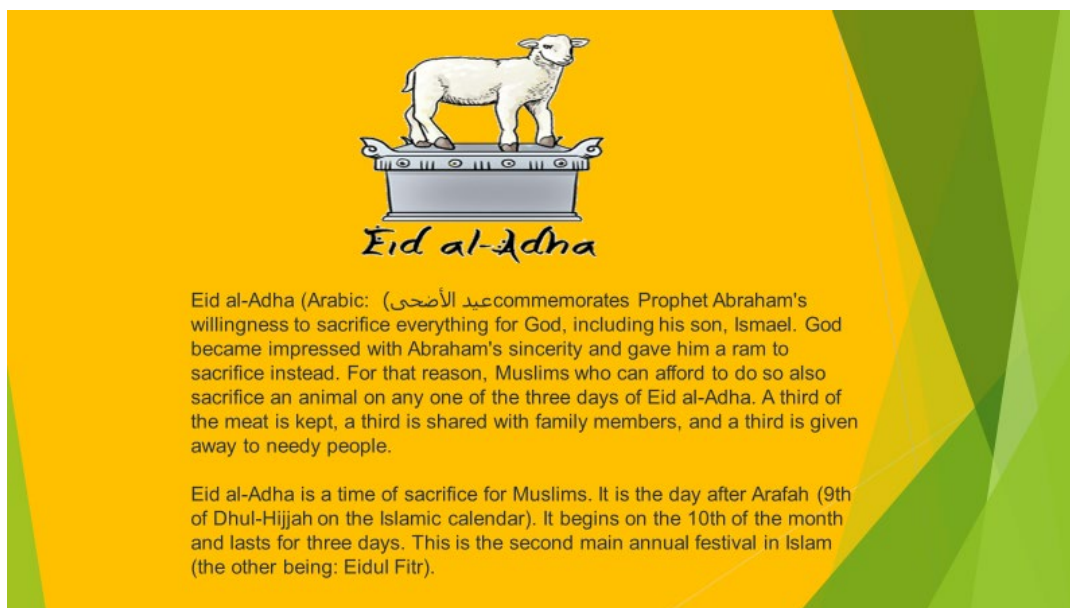
Here is a reminder of some of the key services available for young people and their families:



- **School nurse** – pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank\*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at [Kelly.Bubbins@willows.cardiff.sch.uk](mailto:Kelly.Bubbins@willows.cardiff.sch.uk) if you need feminine hygiene products and we'll do our best to help.

## Diolch:

Wishing our Muslim families a happy Eid Al-Adha over the coming days:



As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

A polite reminder that our teachers and Welfare Officers are very busy working with children throughout the day. To avoid disappointment, please ring or e-mail school to book an appointment with the relevant person rather than turning up at school reception.

By working together we can ensure your child's success.

## Team Willows



# Cultural Heritage Day Friday 15th July 2022

On Cultural Heritage Day pupils are allowed to wear their traditional cultural clothing. Those who are not wearing their cultural clothes can put the flag of their heritage over their school uniform or wear their countries rugby or football top.

Welsh pupils can wear their **WALES** rugby or football top, or just a red top, and their school trousers/skirts, plus a flag.

Pupils and teachers are asked to donate £1, and this will go towards celebrations for Black History month

Well done to Hope Allen, Kayden Allen and Noah Roberts for their correct answers to the Flags quiz. This week we have a selection of poems from our Poetry Diversity workshop. We hope you enjoy them:

### **Corruption**

This society is corrupt.  
Corruption leads to bribery.  
Corruption leads to a corrupted government,  
Corrupted people,  
Corrupted mindsets.  
What is corruption?  
Why is corruption, corruption?

### **Suhas**

### **I Am**

I am summer,  
Summer is my favourite season  
because I love to go to the beach,  
And we don't have school.

I am Lisbon,  
Because it's where I was born.

I am fried chicken,  
As it smells banging.

I am nerf,  
Because when I was young I wanted to be in the army.

I am God and my parents,  
Because they make me feel safe and loved.

### **Julio**





## **I AM**

I am winter,  
Because I can control my temperature.

I am Kurdistan,  
It's where I was born  
and all my memories are there.

I am the smell of Dolma  
as it's just nice.  
I am slime,  
bubbles.

I am my mum,  
Because she is the only person that makes me feel  
Like the prettiest girl in the world,  
And she gave birth to me.

**Sahand**



# ADVICE & INFORMATION DAY

for the local community at: Willows High School Learning Lounge



**WILLOWS**  
HIGH SCHOOL

**BELONG, *believe*, ACHIEVE**  
**PERTHYN, CREDU, LLWYDDO**



**TUESDAY**  
**JULY 12th**  
**10am > 2pm**

Get help with:

- Accessing Courses, Training & Employment
- Benefits
- Digital Inclusion
- Housing Advice
- Preloved School Uniform
- Summer Month information

Pop along to be entered into a FREE raffle to win a £50 supermarket voucher.

**FREE REFRESHMENTS**

[www.cardiff.gov.uk/something](http://www.cardiff.gov.uk/something)



Tai Caerdydd  
Cardiff Housing



ADULT  
COMMUNITY  
LEARNING





This summer, the School Organisation Team in Cardiff Council is launching the '**Power to Young People: Cardiff Influencers Programme**'. This is a unique opportunity designed to enable Young People aged 13-14 to become directly involved in shaping strategy and influence how the Council will invest millions of pounds in education across the capital of Wales over the next 10 years.

## What would I need to do to become a Cardiff Influencer?

There are four phases within the Cardiff Strategic Influencers Programme designed for participants to influence and contribute toward meaningful change. The first is a week's summer school based at County Hall, the seat of power for Cardiff's Council. To join you just need to sign up and ensure your parent or guardian completes the permission form, there is no cost to you, **this programme is totally FREE!**

You can decide to just take part in the first phase if you like but we hope many will choose to continue throughout the year. There will be lots of exciting opportunities to build knowledge, skills and confidence and use these to shape issues that are important to young people over the years to come. There are lots of big decisions coming up,

**THIS IS YOUR CHANCE TO HAVE  
A REAL SAY!**

## Summer school Monday 15th - Friday 19th August 2022

The summer school is a week long programme of interactive learning opportunities where you will become immersed in all areas that underpin transformation. Each day will run from 9am till 4pm and will start and finish at County Hall in Cardiff Bay (lunch is included).

### Highlights include:

- Tour around the Fitzalan High School construction site and meet the construction partners
- Opportunity to learn from professional experts at the top of their field in all aspects of planning schools and delivering huge new school building projects
- Tour of Cardiff City Stadium
- Tour of the new BBC studios
- Investigative interviewing workshop delivered by journalists at the top of their field.
- Media interview with the Deputy Leader and Education Cabinet Member along with other key members of Cardiff Council's Cabinet and the top decision makers in Education
- Awards ceremony to recognise the achievements of participants.

## Hmmm, why would I want to give a week of my summer holiday time? What's in it for me?

If you sign up for this unique opportunity you would:

- be a member of a select group of pupils from across Cardiff schools with the power to influence every change proposal relating to how we develop schools across the city for the future
- benefit from high quality training to support you in becoming an expert Cardiff Influencer
- be part of a group that develops key principles on what education in Cardiff should be to help the adults to make the right decisions for learners across the city.
- take part in lots fun and unusual experiences with some top organisations including the BBC, Kier Construction, Cardiff City Stadium and meet new people along the way!
- if you choose to continue after the summer school, you will co-develop the Band C investment programme which will include decisions on how the city will invest millions of pounds in Cardiff schools for the next 10 years!

# Do you have a child with additional learning needs and/or neuro difference?

Community Family Psychology

Would you like to better understand their behaviour?

## JOIN US FOR A FREE 2 HOUR ZOOM WEBINAR ON UNDERSTANDING BEHAVIOUR THAT CHALLENGES

For families of children with a learning disability and/or Autism

### What we will cover:

- Understanding why behaviour occurs
- 'Positive behaviour support' which includes ways of preventing and managing difficult behaviours
- Looking after yourself in difficult circumstances

Limited spaces available, please register by Thursday 7th July (for July date) and Thursday 18th August (for Aug date)

### DATES:

MONDAY 11TH JULY

OR

MONDAY 22ND AUGUST

TIME: 10AM - 12PM

LOCATION: ZOOM WEBINAR

Please register by scanning the QR code or clicking the links below:

July



SCAN ME

[https://cardiff.zoom.us/webinar/register/WN\\_q7D9YPCvR-69Vbu8wddVvQ](https://cardiff.zoom.us/webinar/register/WN_q7D9YPCvR-69Vbu8wddVvQ)

August



SCAN ME

[https://cardiff.zoom.us/webinar/register/WN\\_b7uaC8u2TQaQ1SqvglzVg](https://cardiff.zoom.us/webinar/register/WN_b7uaC8u2TQaQ1SqvglzVg)

Please note that it will only be the facilitators who are on screen

In providing us with your email address, we may use this for future communication with you, as per our Patient Privacy Policy. We can only be responsible for emails held on our network and not the security of email providers for those who contact us.

Once you have registered, we will email you a workbook a day before to follow throughout the webinar. Please have a pen and paper handy. Thank you.

If you have any queries or difficulties in registering, please email or text: [childpsychology.cav@wales.nhs.uk](mailto:childpsychology.cav@wales.nhs.uk) / 07970 245876

(Please note contact details above are for registration difficulties only)



# USEFUL INFORMATION

## ESOL AND EDUCATION

### English Speakers of Other Languages



#### ESOL at College

REACH+ ESOL Assessments booked via.  
[www.reach.wales](http://www.reach.wales)  
**Email:** [reach@cavc.ac.uk](mailto:reach@cavc.ac.uk)  
**Tel:** 02920 250271

ESOL Courses:  
<https://cavc.ac.uk/en/esolplus>  
**Email:** [esol@cavc.ac.uk](mailto:esol@cavc.ac.uk)  
**Tel:** 02920 250250

[www.cavc.ac.uk](http://www.cavc.ac.uk)  
City Centre Campus, Dumballs Road, Cardiff. CF10  
5FE

#### Adult Learning Wales

Addysg Oedolion Cymru | Adult Learning Wales  
provide access to education from Pre-entry Level  
learning to Level 4 qualifications.  
**Email:** [esolcardiff@adulthoodlearning.wales](mailto:esolcardiff@adulthoodlearning.wales)  
**Tel:** 07921 390977 / 07932 575422 / 03300 580845

Provides a range of online and classroom-based ESOL  
courses as well as:  
Preparing for IELTS, SELT, Secure English Language,  
Prep for Life in the UK Test, Academic English for  
ESOL,  
Pep for Driving Theory for ESOL

[www.adulthoodlearning.wales](http://www.adulthoodlearning.wales)  
7 Coopers Yard, Cardiff. CF10 4NB

#### IELTS for University

IELTS preparation for Refugees at CAVC  
IELTS at CAVC

<https://cavc.ac.uk/en/courses/international/academic-english-for-ielts>

**Email:** [international@cavc.ac.uk](mailto:international@cavc.ac.uk)

[www.cavc.ac.uk](http://www.cavc.ac.uk)  
City Centre Campus, Dumballs Road, Cardiff.  
CF10 5FE

## Refugees & Asylum Seekers Choose Us

After your ESOL assessment at your REACH+ Hub to ascertain your English levels, you will be signposted to your preferred ESOL provider either at CAVC or at ALW.



# USEFUL INFORMATION

## COMMUNITY SUPPORT

Partner organisations who support Refugees and Asylum Seekers in the Cardiff area.



The Welsh Refugee Council is a charity with 30 years' experience working with asylum seekers and refugees in Wales. Driven by a passion for human rights, equality and social justice.

[www.wrc.wales](http://www.wrc.wales)

**Email:** [info@wrc.wales](mailto:info@wrc.wales)

120-122 Broadway, Cardiff CF24 1NJ.



Cardiff Third Sector Council  
Cyngor Trydydd Sector Caerdydd

Volunteering opportunities in Cardiff.

[www.c3sc.org.uk](http://www.c3sc.org.uk)

**Email:** [enquiries@c3sc.org.uk](mailto:enquiries@c3sc.org.uk)

**Tel:** 02920 485722



Cardiff Charity that aims to help refugees and asylum seekers.

[www.oasiscardiff.org](http://www.oasiscardiff.org)

**Tel:** 02920 460424

69b Splott Rd, Splott, Cardiff CF24 2BW



Women-only classes and creche for a charge of £5 per term.

[www.womenconnectfirst.org](http://www.womenconnectfirst.org)

**Tel:** 02920 343154

7 Neville St, Cardiff. CF11 6LP



Cardiff Central Library and is free to join.

All you need is ID and proof of address. You can borrow reading and writing books, CD's and IELTS materials.

<https://www.cardiff.gov.uk/ENG/resident/hubs-and-housing-offices/Pages/Hubs.aspx>



FAN – Friends and Neighbours

**Welcome**

A friendly and relaxed way for local people and those from around the World to meet, talk and listen to each other online or in face to face groups.

[www.thefancharity.org](http://www.thefancharity.org)

**Email:** [FANOfficer@gmail.com](mailto:FANOfficer@gmail.com)

## REACH+ Beneficiaries Choose Us

For more information and organisations see: [www.sanctuary.gov.wales](http://www.sanctuary.gov.wales)