




BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

 Use Google Translate to change to your preferred language.

Weekly Newsletter – 16.09.22

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Belong, Believe, Achieve:

It's been another wonderful week of learning at Willows High School. We are particularly pleased with the successful launch of our enrichment lessons. During these lessons, we hope that our pupils enjoy making new friends, developing confidence and learning new skills.

Pupils have received assemblies on the importance of homework. Please speak to your child about this and help them arrange a quiet space for one hour every evening. Where possible, please remove technology (including mobile phones) to prevent distraction and ensure that your child can tell the time on a clock. This will help them in any forthcoming tests or exams. If a quiet space is not possible at home, please encourage your child to use the school or public library for an hour after school. If your child needs further help with homework, please ask them to see their teachers who are more than happy to help. A reminder that our homework is the same for every child:

- 30 minutes revision from their Knowledge Organisers
- 20 minutes reading (independently or to an adult)
- 10 minutes Mathswatch (online)

More information can be found under the Parents / Carers section of our school website.

Merits – 09.09.22 – 15.09.22:

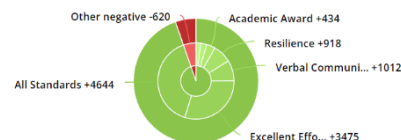
We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

Year Group	Total	Excellent Effort	Merit Champions
Year 7	2959	7Matisse	Alaa Laksari
Year 8	1975	8Curie	Gertrude Tsohuka
Year 9	2350	9Farah	Fatima Ahmed
Year 10	1799	10Plato	Rico James
Year 11	1933	11Sutherland	Mohammed Alsmadi

Dates for your Diaries:

- Monday 19th September: School Closed Public Holiday
- Tuesday 27th September: Y7 Parents' Welcome Evening 3.30 pm – 4.30 pm
- Monday 31st October: Half Term Starts

Breakdown of the Week
11/09/2022 - 15/09/2022



School News:

Sports' Fixtures:

All year groups have been entered into the Cardiff Cup for football. The draw for Round 1 is as follows:

Y7 Vs Glantaf

Y8 Vs St Richard Gwyn

Y9 have a bye

Y10 Vs Pencoedtre

Y11 Vs Eastern High

Fixtures need to be fulfilled before half term. KS3 Football after school is on a Tuesday with Mr. Gill and Mr. Henwood. KS4 football is with Mr. Smith on a Thursday. All welcome!

Enrichment Launch:

This week, after months of planning and preparation, we finally launched our brand-new Enrichment programme here at Willows. This is a whole school initiative that provides our pupils with the chance to take part in unique activities every fortnight on a Wednesday afternoon. This programme encapsulates our commitment to provide our pupils with the best education and extra-curricular experiences possible during their time here with us.

This programme offers over 50 different activities, collaborating with over 15 external organisations within our community and across Cardiff. Activities on offer include Fishing, Yoga, Bouldering, Swimming, Ukulele lessons, Self-defence, Coding with Lego, Journalism, Henna Tattoo's, Sign Language and First Aid and many, many more. This is a ground-breaking and sector leading aspect of our curriculum which we believe will raise the aspirations of our pupils, transform their outlook on what can be achieved, and provide an afternoon full of fun, laughter and learning.

If you would like any more information about this exciting programme please just ask and we can provide a booklet for your perusal. Also, if you have any ideas of activities that we could include in our Enrichment programme in the future, please get in touch, we are always looking to improve!





Willows Wagon:

Meet Aneka our Rice Horse Box. Students of Willows plan to convert it into a working Street Food Van during their enrichment lessons.

We have three teams in place: Engineers, Interior Designers and Chefs.

The Engineers will raise the box from the ashes and turn it into a food ready vehicle ready for interiors. The Interior Designers will design the overall look, name and make the furnishings. Finally, the Chefs will use the box to cater for external events around Cardiff in addition to special events throughout the year.

The profits made from food will be shared between the three teams. When finished, the box will be sold and those monies used to pay back supplies used and to purchase our next box to repeat the project. The overall goal is to become a self-funded annual project by year three.

We shall be asking for support from our local community and businesses over the course of the project which you can follow by joining our Facebook group or Twitter @WillowsWagon. If you'd like to get in touch, please feel free to email us at Wagon@willows.cardiff.sch.uk

A huge thank you to one of our parents, Serwan Tuffiq for transporting Aneka to her new home and to Cardiff Engineering Company for offering to help with the fabrication. We look forward to keeping you updated!

Korean Enrichment:

Another one of our activities was Korean enrichment. The pupils really loved learning about the Korean alphabet and discussing their favourite Korean artists and films. We hope that experiences like this will widen our pupils' experiences and horizons.



Health and Wellbeing:

Flu Immunisations:

Parents should have received a text regarding flu immunisations this Autumn. The information and timetable is also attached to the bottom of this newsletter.

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Sam Watt (Family and Community Engagement Officer, Willows) in confidence on 02922 672744/07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

By working together we can ensure your child’s success.

TEAM WILLOWS



Drama Club:

We are pleased to announce that our Christmas Show, 'Willows Wonderland' will take place on December 15th 2022. Rehearsals will be every Wednesday after school in the Performing Arts Centre and we'd love as many pupils to be involved as possible. Please see Miss. Davies and Mr. George for more information.

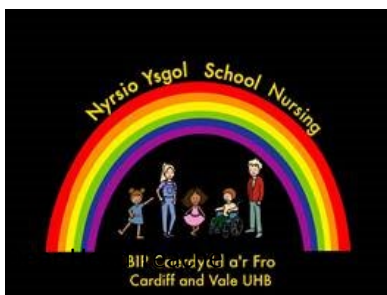


WILLOWS HIGH SCHOOL PRESENTS

WILLOWS WONDERLAND

**A CHRISTMAS SHOWCASE FULL OF SINGING,
DANCING AND ACTING PERFORMED BY OUR
TALENTED PUPILS**

Willows High School
Thursday 15th December 2022 @ 6pm



Thank you for confirming the date: **01/ 12/2022** for your school's nasal flu spray immunisation session.

The NHS recommends all eligible children should have a flu vaccination every year. The nasal flu spray vaccine will be offered to all pupils from reception class to year 11 in high school. Flu spreads easily, and with society getting back to normal it is likely that flu rates will be higher this year alongside circulating COVID-19

Immunisation reduces the likelihood of flu outbreaks in schools. High uptake in the childhood flu immunisation programme this winter will help to protect children themselves from catching flu and also protect against children transmitting flu to any vulnerable people. Many of those who are vulnerable if they get COVID-19 are also those most at risk from the complications of flu.

Our school nursing immunisation team will work with you to deliver the programme according to the Welsh Government Covid-19 guidelines that are current at the time.

We are continuing this year with electronic consent forms. Approximately 3 weeks prior to your confirmed immunisation session a link to the e- consent will be sent to school, please can this be sent to all parents upon receipt via email, text, ParentPay, Sims, Schoop or any other communication platform that you may use. All e - consents will return directly to the school nursing immunisation team.

We will make arrangements with the school to provide a support session to those parents that do not have access to electronic devices or for those that experience difficulty with completing the consent forms electronically.

If you need any information in the meantime, please contact the immunisation office on: 02920 907678/7675 or you can email us at Immunisation.Cavuhbschoolnursing@wales.nhs.uk

Many thanks



Sandra Dredge
Senior Nurse
Children, Young People and Family Health Services (CYPF)

Family Learning Mad Science!

New 10 week beginners
Science and Maths
course for adults



About The Course

This is a FREE 10 week course, for adults to learn about KS3 Science and Maths topics.

Learn about STEM experiments, Forces, Pressure, Density and what the world around us is made of

More information

Tutor: Emma Smith
families@cavc.ac.uk

Benefits

- Boost your **KS3 Science knowledge**
- Boost your **KS3 Maths Skills**
- Learn tips to support your child's education at home
- FREE course. Become CAVC students.

Where and When?

- Every Wednesday
12:30-2:30pm
- Willows School
- Lessons start 21st
September 2022