




BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

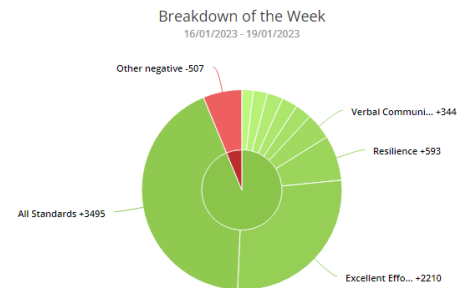
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Weekly Newsletter – 20.01.23

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Belong, Believe, Achieve:

This week we have enjoyed learning about revision techniques for KS4 and options for KS3 in assemblies. We believe that all of our pupils should embrace challenges and hard work and persevere in the face of failure. This way they will build their abilities and desire to learn. Please help us by instilling a positive attitude towards school and learning at home. Discuss barriers with your child and encourage them to seek help when needed.



Merits – 16.01.23 – 19.01.23:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners:

Include type: Behaviour

Year Group	Total	Excellent Effort	Merit Champions
Year 7	2266	7Dali	Menan Adem
Year 8	2089	8Curie	Sultan Sanusi
Year 9	1344	9Edwards	Haneen Husayn
Year 10	976	10Cavendish	Lexi O'Meara
Year 11	927	11Schumann	Talal Obaed

Dates for your Diary:

- 23.01.23 11am – 12pm Parent Pay support drop-in session in the Learning Lounge
- 25.01.23 – Y9, 10, 11 Basketball. Willows vs. Cathays
- 23.03.23 – Y8 and Y9 Options Evening for Parents
- w/c 27.03.23 – Y11 GCSE Speaking and Listening Assessments



School News:

Y11 Parental Support Evening:

Mr. Javaheri and Mrs. Bubbins would like to thank all of the Y11 parents who attended our GCSE Support Evening on Wednesday evening.

A reminder that pupils will be issued with a revision time-table every Monday morning. Please complete this with them on a Monday after school to plan their week.

After this, please monitor that they are sticking to their plan and help them by testing them on the material. Pupils can access all of their work electronically through their One Drive. A reminder that pupils should be completing up to two hours revision a night from now onwards and may want to increase this at weekends. It is advised that mobile phones and games consoles are removed to ensure no distractions. Attached to the newsletter, is also a Y11 after-school revision time-table. Pupils can attend these sessions to boost their grades and by doing this will earn points towards rewards.

Lastly, if you need any further help supporting your child during this time, please contact us at the school on Behnam.Javaheri@willows.cardiff.sch.uk or Kelly.Bubbins@willows.cardiff.sch.uk. By working together, we look forward to celebrating their success in the future.



Lego League

Miss Charles took seven Year 7 pupils to an introduction to Cardiff's super powered Lego League. Our super 7 are really excited to get started with their strategising, building and programming ahead of the league in March! Pob lwc boys.

Debate Club

We had a brilliant, thought-provoking session on Wednesday and everyone really enjoyed themselves. There are lots of competitions coming up and all are welcome to join on Wednesdays 3.10pm – 4.10pm.




Welsh Department – Cymraeg Campus

At Willows we are proud to be Welsh and will be working to achieve 'Campus Cymreig' status. We'd really appreciate your help with this so why not practice your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to: willowswelsh@willows.cardiff.sch.uk

Welsh Terms of the Week		Week Eleven
Welsh	Phonetic	English
Ionawr	Yon - our	January
Chwefror	Ch-wev-roar	February
Mawrth	Mouth	March
Ebrill	Eb-rell	April
Mai	My	May
Mehefin	Meh-hev-in	June
Gorffennaf	Gorf -enn-ave	July
Awst	Oust	August
Medi	Me-dee	September
Hydref	Hud-rev	October
Tachwedd	Tach- wer-dd	November
Rhagfyr	Rh-agg-vir	December

willowswelsh@willows.cardiff.sch.uk



Community:

Taking place at Railway Gardens (Adeline St, Cardiff CF24 2BH)

21.01.23 10.30am – 12.30pm Beat the Blues! Soup cook-up and community lunch (free).

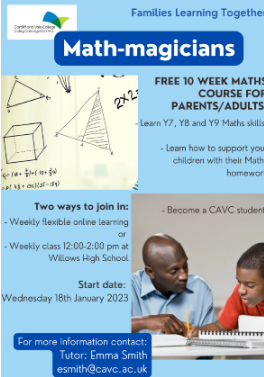
21.01.23 10.30am – 12.30pm Growing Group meetup - everyone welcome.

25.01.23 10:00am - 2:00pm Bentyg (Library of Things) open for borrowing and collection.

[Railway Gardens Programme » Green Squirrel](#)

Maths course for Parents:

Our Maths course began on Wednesday but there are still spots available if anyone wishes to join. Classes run weekly 12pm- 2.30pm in the Learning Lounge for parents. You will learn Year 7, 8 and 9 maths skills and how best to support your child with their maths homework. If you would like to join please contact Rebecca Crnoja at Rebecca.crnoja@willows.cardiff.sch.uk or on 07592037937 or complete the register of interest form here: <https://forms.office.com/e/MBSrtXGCPi>



Families Learning Together

Math-magicians

FREE 10 WEEK MATHS COURSE FOR PARENTS/ADULTS:
- Learn Y7, Y8 and Y9 Maths skills
- Learn how to support your children with their Maths homework
- Become a CAVC student!

Two ways to join in:
- Weekly flexible online learning or
- Weekly class 12:00-2:00 pm at Willows High School

Start date:
Wednesday 18th January 2023

For more information contact:
Tutor: Emma Smith
esmith@cavc.ac.uk

Citizens' Advice Bureau at Willows:

A reminder that members of our community can make appointments with staff from the Citizens' Advice Bureau at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail Rebecca Crnoja on Rebecca.Crnoja@willows.cardiff.sch.uk

COMPAS Charity:

As a school we strongly support and advocate the work of the COMPAS charity. Some of our teachers visited the Czech Republic last year and witnessed the extreme poverty that the Roma children live under and the need for our help.

The charity has launched a new campaign, CAREGIVERS WITHOUT BORDERS. They aim to create strong links with the schools in the Czech Republic and Slovakia to help with very basic things such as fruit and drinks for children, basic clothing, stationary equipment and other useful items.

They are appealing for public donations that will be taken to Slovak schools at the end of this month and will provide more updates on the work upon our return from Slovakia.

Thank you very much in advance for any support:

<https://www.justgiving.com/crowdfunding/caregivers-without-borders>

Cuppa with a Copper

On Thursday 26th January between 1am and 12pm our local Police Officer Richard Mason will be in the Learning Lounge. Please come by if you have an issues you need help with.

Cardiff Central Library Hub
welcomes you to
Chinese New Year & Lantern Festival
celebration

Saturday 21st January 2023, 12-3pm
Cardiff Central Library Hub, CF10 1FL

Free activities and performances for all ages...
Lion Dance Tea Tasting Calligraphy
Chinese Music & Dance Traditional Chinese Medicine
Traditional Dress Try-on and much more...

No booking required

Get in Touch: 029 2078 0962 @cdflibraries

hub CARDIFF UNIVERSITY CARDIFF CITY COUNCIL explore your Cardiff Library CARDIFF GATEWAY

Health and Well-being:

Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):

IF YOU'RE 11-19 YEARS OLD
TEXT YOUR SCHOOL NURSE ON
07520 615718
FOR CONFIDENTIAL ADVICE AND SUPPORT

We help young people
with all kinds of things
like...

BULLYING **HEALTHY**
SMOKING **EATING**
EMOTIONAL **CHANGES TO**
WELLBEING **YOUR BODY**
FEELING SAD OR ANGRY **DRUGS**
EXAM ALCOHOL
STRESS RELATIONSHIPS

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other teachers staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or video picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps). Prevents the school nurse from sending messages to you by texting 100P to our number. Please respect your school's mobile phone policy. Messages are charged at your usual rate.

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Rebecca Crnoja (Family and Community Engagement Officer, Willows) in confidence on 07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank*** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we'll do our best to help.



Nyrso Ysgol | School Nursing
BIP Caerdydd a'r Fro | Cardiff & Vale UHB

WALK-IN CLINIC NASAL SPRAY FLU VACCINE

We have arranged **walk-in** clinics for those children from **Reception to Year 11** that have missed their flu vaccination at school.

**Saturday 21st January, [Woodlands House MVC](#)
Maes-y-coed Rd, Cardiff CF14 4HH
11am-1pm**

**For further information, please contact
The Immunisation Team on 02920 907661/664**



Mae Brechu yn achub bywydau
Vaccination saves lives
Mae imiwneiddio'n bwysicach nag erioed yn ystod pandemig
Immunisations are more important than ever during a pandemic

Diolch:

We know the weather has made getting to school more difficult this week and we appreciate your continued efforts to remain punctual and in the correct uniform.

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

By working together we can ensure your child's success.

Team Willows



Revision Sessions – Year 11 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
After School	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework
		French: Kaden Taylor, Ben Weeks, Ayan Hersi, Malaak and Selma Abdillahi	French: Laiba Ismail, Maasouma Alanzani and Heidi Rahali	French: Nisha Kaur, Jack Allen and Tobi Bamidele	French: Daniella Nakazzi, Shaida Tufiq, Thabo Mhlanga and Josphe Ashton
		Physics (GCA)	Chemistry (AHO)	Biology (RKE)	
		English (NLC)	Maths (All papers)	Maths (Higher Tier)	
		History (NH)	Product Design (JK)	Welsh (Week 1 only – AGR)	
		RE (LG)	Art (AEJ)	Revision and Exam Skills (KMB - Library)	
		Hospitality and Catering (RD)			
		IT coursework catch-up (AH)			
		College, coursework and catch-up (LUW)			

Please liaise with Mr. Smith for catch-up sessions for Welsh Bacc and SWEET qualifications.

Remember each 30 minute session is worth 1 point. 10 points are worth a reward.